



## MASSEY UNIVERSITY

### SOP FOR URINE COLLECTION

#### EQUIPMENT:

1 Litre measuring jugs and/or Urine collection tubs; gloves

#### COLLECTION:

1. A labeled jug and tub with your unique identifier code will be placed in the lavatory for your use (use either whichever maybe convenient)
2. Gloves will be provided if you require them
3. Please clean the area (paper towels have been supplied) before providing the urine sample
4. Empty your bladder completely at each time point. DO NOT THROW AWAY ANY URINE SAMPLE\*\*
5. Try and keep the sample uncontaminated
6. When you are done leave the jug/mug in the toilet cubicle - the investigator will collect it
7. The jug/tub will be cleaned and returned to the lavatory for subsequent collection

\*\* If any urine sample has been spilled while handling the containers kindly inform the investigator.