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**PARTICIPANT DIARY NO.**

**CONFIDENTIAL**

Comparative Effectiveness Study of the Clinical and Cost Outcomes of Massage for the Management of Chronic Low Back Pain in Australia.

Protocol Number ETH16-0812

Participant’s Initials

Allocation Number

Baseline Date

d d m m y y

Please complete this diary each day indicating your maximum pain level and medication taken. Record any treatments on the second page.

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| --- | --- | --- | --- | --- |
| Week    Day | Date | Image result for baker-wong pain scale | Pain medication | |
| d d m m y y | Type/Name | No. tablets/day |
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| 3 |  | Image result for baker-wong pain scale |  |  |
| 4 |  | Image result for baker-wong pain scale |  |  |
| 5 |  | Image result for baker-wong pain scale |  |  |
| 6 |  | Image result for baker-wong pain scale |  |  |
| 7 |  | Image result for baker-wong pain scale |  |  |
| Usual care | Date | Therapy/modality (eg. GP, physiotherapist) | Notes | |
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**Notes:**