**Additional file 2: Intervention Record- Community nurse and GP version** (please tick ✓ in the spaces of the items you have done at each visit)

Code of community nurse: \_\_\_\_\_\_\_\_\_\_ Code of GP: \_\_\_\_\_\_\_\_\_\_\_\_ Code of community health service centre: \_\_\_\_\_\_\_\_\_

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Community nurse** | | | | | | | | | | | **GP** | | | | |
| **Date** | **Fortnightly phone call** | | **Monthly clinic visit** | | | | | | | | | | | | |
| **Length of time** | Monitor the patient’s progress towards the goal, medication adherence, encourage BP self-monitoring | **Length of time** | Measure BP | Health education and establish lifestyle goal | Test patients health knowledge | Adherence to lifestyle recommendations | Medication adherence | Adverse events and unplanned admission | **Nurse Signature** | Review and discuss individual treatment plan | Medication change (describe) | Discussions with specialists (describe the outcomes | Refer patient to specialist and its reason | **GP Signature** |
| **1st month**  \_\_\_\_d/m/y | 1st Phone call \_\_\_\_ | Yes  No |  |  |  |  | Complied  always ☐  Complied  often ☐  Complied  sometimes☐  Complied rarely ☐  Non-complied ☐ | Complied  always ☐  Complied  often ☐  Complied  sometimes☐  Complied rarely ☐  Non-complied ☐ |  |  | Issues identified: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |  |  |  |  |
| 2nd phone call\_\_\_\_\_ | Yes  No |
| **2nd month**  \_\_\_\_d/m/y | 3rd phone call\_\_\_\_\_ | Yes  No |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 4th phone call\_\_\_\_\_ | Yes  No |
| **3rd month**  \_\_\_\_d/m/y | 5th phone call\_\_\_\_\_ | Yes  No |  | BP reading \_\_\_\_\_\_\_ |  | Score: \_\_\_\_\_\_ | Score: \_\_\_\_\_\_ | Score: \_\_\_\_\_\_ | Number:­­­­\_\_\_\_\_ |  |  |  |  |  |  |
| 6th phone call\_\_\_\_\_ | Yes  No |
| **4th month**  \_\_\_\_d/m/y | 7th phone call\_\_\_\_\_ | Yes  No |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 8th phone call\_\_\_\_\_ | Yes  No |
| **5th month**  \_\_\_\_d/m/y | 9th phone call\_\_\_\_\_ | Yes  No |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 10th phone call\_\_\_\_\_ | Yes  No |
| **6th month**  \_\_\_\_d/m/y | 11th phone call\_\_\_\_\_ | Yes  No |  | BP reading \_\_\_\_\_\_\_ |  | Score:  \_\_\_\_ | Score:  \_\_\_\_ | Score:  \_\_\_\_ | Number:­­­\_\_\_\_\_ |  |  |  |  |  |  |
| 12th phone call\_\_\_\_\_ | Yes  No |