

24 January 2018

Mrs Sarah Rhodes  
School of Physiotherapy  
University of Otago  
PO Box 56  
Dunedin 9054

Dear Mrs Rhodes

Re:	<b>Ethics ref:</b>	<b>17/STH/105/AM01</b>
	Study title:	Can physical activity intervention in combination with text messaging improve functional exercise capacity in adults with obstructive sleep apnoea?

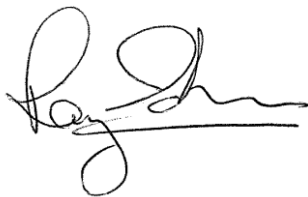
I am pleased to advise that this amendment has been approved by the Southern Health and Disability Ethics Committee. This decision was made through the HDEC Expedited Review pathway.

The main issues considered by the HDEC in giving approval were as follows.

- In the future please supply tracked changes versions of all documents, so the alterations made can be readily assessed.

Please don't hesitate to contact the HDEC secretariat for further information. We wish you all the best for your study.

Yours sincerely,



Ms Raewyn Idoine  
Chairperson  
Southern Health and Disability Ethics Committee

Encl: appendix A: documents submitted  
appendix B: statement of compliance and list of members

**Appendix A**  
**Documents submitted and approved**

Document	Version	Date
Protocol: Revised protocol	2	06 December 2017
PIS/CF: Revised PIS and CF	2	06 December 2017
Post Approval Form	1	-

## Appendix B Statement of compliance and list of members

### Statement of compliance

The Southern Health and Disability Ethics Committee:

- is constituted in accordance with its Terms of Reference
- operates in accordance with the *Standard Operating Procedures for Health and Disability Ethics Committees*, and with the principles of international good clinical practice (GCP)
- is approved by the Health Research Council of New Zealand's Ethics Committee for the purposes of section 25(1)(c) of the Health Research Council Act 1990
- is registered (number 00008713) with the US Department of Health and Human Services' Office for Human Research Protection (OHRP).

### List of members

<i>Name</i>	<i>Category</i>	<i>Appointed</i>	<i>Term Expires</i>
Ms Raewyn Idoine	Lay (consumer/community perspectives)	27/10/2015	27/10/2018
Dr Sarah Gunningham	Non-lay (intervention studies)	27/10/2015	27/10/2018
Assoc Prof Mira Harrison-Woolrych	Non-lay (intervention studies)	27/10/2015	27/10/2018
Dr Fiona McCrimmon	Lay (the law)	27/10/2015	27/10/2018
Dr Anna Paris	Lay (other)	24/08/2017	24/08/2020
Dr Nicola Swain	Non-lay (observational studies)	27/10/2015	27/10/2018
Dr Devonie Waaka	Non-lay (intervention studies)	13/05/2016	13/05/2019
Dr Mathew Zacharias	Non-lay (health/disability service provision)	27/10/2015	27/10/2018

Unless members resign, vacate or are removed from their office, every member of HDEC shall continue in office until their successor comes into office (HDEC Terms of Reference)

<http://www.ethics.health.govt.nz>