

**Research Integrity & Ethics Administration**  
Human Research Ethics Committee

Monday, 7 August 2017

Prof Richard Smith  
Exercise Health and Performance; Faculty of Health Sciences  
Email: richard.smith@sydney.edu.au

Dear Richard

The University of Sydney Human Research Ethics Committee (HREC) has considered your application.

After consideration of your response to the comments raised your project has been approved.

Approval is granted for a period of four years from **07 August 2017** to **07 August 2021**

**Project title:**                    **A prospective randomised controlled trial to investigate the effects on balance and strength of the lower limb between a shoe with mid-foot flexion availability and a standard school shoe in children aged seven to twelve.**

**Project no.:**                    **2017/309**

**First Annual Report due:** **07 August 2018**

**Authorised Personnel:**    **Smith Richard; Quinlan Shayan; Fong Yan Alycia; Hunt Adrienne;**

**Documents Approved:**

<b>Date Uploaded</b>	<b>Version number</b>	<b>Document Name</b>
19/03/2017	Version 3	PCF Easy English for Child
19/03/2017	Version 1	Participant recruitment flyer
19/03/2017	Version 2	Recruitment information sheet to be sent home to parents
19/03/2017	Version 2	PCF Parent or carer
30/03/2017	Version 2	Letter to School Principal
01/08/2017	Version 2	PIS easy English for child
01/08/2017	Version 2	PIS Parent Carer form
01/08/2017	Version 1	Appendix A_ Weight and Height measurement

**Condition/s of Approval**

- Research must be conducted according to the approved proposal.
- An annual progress report must be submitted to the Ethics Office on or before the anniversary of approval and on completion of the project.
- You must report as soon as practicable anything that might warrant review of ethical approval of the project including:
  - Serious or unexpected adverse events (which should be reported within 72 hours).
  - Unforeseen events that might affect continued ethical acceptability of the project.

- Any changes to the proposal must be approved prior to their implementation (except where an amendment is undertaken to eliminate *immediate* risk to participants).
- Personnel working on this project must be sufficiently qualified by education, training and experience for their role, or adequately supervised. Changes to personnel must be reported and approved.
- Personnel must disclose any actual or potential conflicts of interest, including any financial or other interest or affiliation, as relevant to this project.
- Data and primary materials must be retained and stored in accordance with the relevant legislation and University guidelines.
- Ethics approval is dependent upon ongoing compliance of the research with the *National Statement on Ethical Conduct in Human Research*, the *Australian Code for the Responsible Conduct of Research*, applicable legal requirements, and with University policies, procedures and governance requirements.
- The Ethics Office may conduct audits on approved projects.
- The Chief Investigator has ultimate responsibility for the conduct of the research and is responsible for ensuring all others involved will conduct the research in accordance with the above.

This letter constitutes ethical approval only.

Please contact the Ethics Office should you require further information or clarification.

Sincerely



**Dr Jim Rooney**  
Acting Chair  
Human Research Ethics Committee (HREC 2)

**The University of Sydney HRECs are constituted and operate in accordance with the National Health and Medical Research Council's (NHMRC) National Statement on Ethical Conduct in Human Research (2007) and the NHMRC's Australian Code for the Responsible Conduct of Research (2007).**