

Wednesday, 29 August 2018

Dr Ollie Jay
Exercise Health and Performance; Faculty of Health Sciences
Email: Ollie.jay@sydney.edu.au

Dear Ollie,

The University of Sydney human research ethics committee (HREC) has considered your application. I am pleased to inform you that after consideration of your response, your project has been approved.

Details of the approval are as follows:

Protocol Number: 2018/496
Protocol Title: Use of fans and/or skin-wetting as a low cost cooling strategy for older adults during heat waves
Authorised Persons: Dr Jay, Ollie; Prof Fiatarone Singh, Maria Antoinette; Ms Hospers, Lily; Dr Mavros, Yorgi Soteris
Approval Period: 29 August 2018 to 29 August 2022
First Annual Report Due: 29 August 2019

Documents Approved:

20/08/2018	Version 3	V3 Participant Information
30/07/2018	Version 2	Database Invitation_V2
30/07/2018	Version 2	Safety Protocol_V2
30/07/2018	Version 2	Permission to contact GP_V2
30/07/2018	Version 2	Consent Form_V2
30/07/2018	Version 2	Flyer_V2
30/07/2018	Version 2	GP Letter_V2
30/07/2018	Version 2	Telephone Screen_V2

Conditions of Approval

- Research must be conducted according to the approved proposal
- An annual progress report must be submitted to the ethics office by the anniversary of approval and on completion of the project.
- You must report as soon as practicable anything that might warrant review of ethical approval of the project including:
 - Serious or unexpected adverse events (reported within 72 hours).
 - Unforeseen events that might affect continued ethical acceptability of the project.
- Any changes to the proposal must be approved prior to implementation (except where an amendment is undertaken to eliminate immediate risk to participants).
- Personnel working on this project must be sufficiently qualified by education, training and experience for their role, or, be adequately supervised. Changes to personnel must be reported and approved.
- Personnel must disclose any actual or potential conflicts of interest, including any financial, other interest or affiliation, as relevant to this project.
- Data and primary materials must be retained and stored in accordance with the relevant legislation and University guidelines.
- Ethics approval is dependent upon ongoing compliance of the research with the National Statement on Ethical Conduct in Human Research, the Australian Code for the Responsible



Conduct of Research, applicable legal requirements and with University policies, procedures and governance requirements.

- The ethics office may conduct audits on approved projects.
- The chief investigator has ultimate responsibility for conduct of the research and is responsible for ensuring all others involved will conduct the research in accordance with the above.

Note that this letter constitutes ethical approval only.

Please contact the ethics office should you require further information.

Sincerely,

Associate Professor Rita Shackel
Chair
Human Research Ethics Committee (HREC 3)

The University of Sydney of Sydney HRECs are constituted and operate in accordance with the National Health and Medical Research Council's (NHMRC) [National Statement on Ethical Conduct in Human Research \(2007\)](#) and the NHMRC's [Australian Code for the Responsible Conduct of Research \(2007\)](#)