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17 July 2017

Dr Darren Morton Avondale College of Higher Education 582 Freemans Drive COORANBONG NSW 2265

Dear Darren

Thank you for submitting an application for ethics approval to the Avondale Human Research Ethics Committee for your project entitled *The impact of a multimodal lifestyle intervention (the Live More Project) on the wellbeing of Seventh-day Adventist church members across Australasia.*

I am pleased to advise that final approval is granted for your project. Approval is granted for the duration of your project to 31/08/2020; project number 2017:13

Once final approval is granted, the following additional standard conditions apply:

- 1. That you notify the committee of any changes to circumstances or research design, which might require a review of the ethics approval.
- 2. That you provide an annual interim report of your progress to the committee, and a final report once this project is completed. The first report will be due twelve months from the date you commence the research.

We wish you well in this valuable research endeavour.

Sincerely

Kyllie Gow Secretary Avondale Human Research Ethics Committee