

## Pre-Survey.



Thank you for taking part in this survey exploring dementia-specific training for allied health professionals, assistants and students. This survey should take 10-15 minutes and must be completed prior to taking part in the Enabling EDIE Training course run by Dementia Australia. This survey and associated research is a collaborative project between South Eastern Sydney Local Health District and Macquarie University.

By continuing to complete this survey, you confirm your consent for your non-identifiable information to be collected and used for research purposes. Your anonymity will be maintained in the dissemination of findings.

If you have any questions or decide to withdraw your responses at any stage, please contact one of the following members of the research team:

Dr Lindsey Brett ([lindsey.brett@mq.edu.au](mailto:lindsey.brett@mq.edu.au))

Dr Daniel Treacy ([daniel.treacy@health.nsw.gov.au](mailto:daniel.treacy@health.nsw.gov.au))

Mr Matthew Webb ([matthew.webb@health.nsw.gov.au](mailto:matthew.webb@health.nsw.gov.au) or [mwebbpt@gmail.com](mailto:mwebbpt@gmail.com))

We very much appreciate your involvement in our research. Thank you.



Please supply your SESLHD staff number or your University student number

(Note: This will only be used for the purpose of linking your pre/post and follow-up survey)

What year were you born in?

What gender do you identify as?

Male

Female

Prefer not to say

Other

Please indicate your professional or student status:

Physiotherapist

Physio Assistant

Occupational Therapist

OT Assistant

Nurse

Assistant in Nursing

Student

Other

How many years have you had experience specifically working with people with dementia?

< 2 years

2-5 years

5-10 years

> 10 years

Current Student

Have you attended previous dementia-specific training?

Yes

No

How many years have you worked in your profession?

< 2 years

2-5 years

5-10 years

> 10 years

Current Student

What is your current position? Please specify level (e.g. Level 1/2 physiotherapist)

Which hospital/community district and in which area (ward/specialty) do you currently work?

Please specify the training attended and when you received this training:

Please list any barriers you have faced when treating a patient with dementia. If possible, please provide specific examples.

Are there any strategies that you have implemented when treating someone with dementia? Please elaborate.

## Dementia Knowledge

	True	False
Most forms of dementia do not generally shorten a person's life	<input type="radio"/>	<input type="radio"/>
Blood vessel disease (vascular dementia) is the most common form of dementia	<input type="radio"/>	<input type="radio"/>
People can recover from the most common forms of dementia	<input type="radio"/>	<input type="radio"/>
Dementia is a normal part of the ageing process	<input type="radio"/>	<input type="radio"/>
Dementia does not result from physical changes in the brain	<input type="radio"/>	<input type="radio"/>
Planning for end of life care is generally not necessary following a diagnosis of dementia	<input type="radio"/>	<input type="radio"/>
Alzheimer's disease is the most common form of dementia	<input type="radio"/>	<input type="radio"/>
It is impossible to communicate with a person who has advanced dementia	<input type="radio"/>	<input type="radio"/>
A person experiencing advanced dementia will not generally respond to changes in their physical environment	<input type="radio"/>	<input type="radio"/>
It is important to correct a person with dementia when they are confused	<input type="radio"/>	<input type="radio"/>
People experiencing advanced dementia often communicate through body language	<input type="radio"/>	<input type="radio"/>
Uncharacteristic behaviours in a person experiencing dementia are generally a response to unmet needs	<input type="radio"/>	<input type="radio"/>
Medications are the most effective way of treating behavioural symptoms of dementia	<input type="radio"/>	<input type="radio"/>
People experiencing dementia do not generally have problems making decisions	<input type="radio"/>	<input type="radio"/>
Movement is generally affected in the later stages of dementia	<input type="radio"/>	<input type="radio"/>

Difficulty eating and drinking generally occurs in the later stages of dementia	<input type="radio"/>	<input type="radio"/>
People with advanced dementia have difficulty speaking	<input type="radio"/>	<input type="radio"/>
People experiencing dementia often have difficulty learning new skills	<input type="radio"/>	<input type="radio"/>
Daily care for a person with advanced dementia is effective when it focuses on providing comfort	<input type="radio"/>	<input type="radio"/>
Having high blood pressure increases a person's risk of developing dementia	<input type="radio"/>	<input type="radio"/>
Maintaining a healthy lifestyle does not reduce the risk of developing the most common forms of dementia	<input type="radio"/>	<input type="radio"/>
Symptoms of depression can be mistaken for symptoms of dementia	<input type="radio"/>	<input type="radio"/>
The sudden onset of cognitive problems is characteristic of common forms of dementia	<input type="radio"/>	<input type="radio"/>
Exercise is generally beneficial for people experiencing dementia	<input type="radio"/>	<input type="radio"/>
Early diagnosis of dementia does not generally improve quality of life for people experiencing the condition	<input type="radio"/>	<input type="radio"/>

### Dementia Attitudes

	Strongly disagree	Disagree	Neutral	Agree	Strongly Agree
It is rewarding to work with people who have dementia.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am afraid of people with dementia.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
People with dementia can be creative.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel confident around people with dementia.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am comfortable having physical contact with dementia.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel uncomfortable being around people with dementia.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Every person with dementia has different needs.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am not very familiar with dementia.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I would avoid an agitated person with dementia.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel relaxed around people with dementia.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel frustrated because I do not know how to help people with dementia.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I cannot imagine caring for someone with dementia.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## Dementia Care

### How well do you feel you can...

	Not at all	A little bit	Quite a lot	Very much
Understand the feelings of a person with dementia?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Understand the way a person with dementia interacts with the people and the things around them?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Engage a person with dementia in a conversation?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Balance the needs of the person with dementia with their relative's wishes and the service's limitations?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Use information about their past (such as what they used to do and their interests), when talking to a person with dementia?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Change your work to match the changing needs of a person with dementia?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Protect the dignity of a person with dementia in your work?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Deal with behavior that challenges in a person with dementia?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Decide what to do about risk (such as harm to self or others) in a person with dementia?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Offer stimulation (for the mind, the senses and the body) to a person with dementia in your daily work?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Offer choice to a person with dementia in everyday care (such as what to wear, or what to do)?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Engage a person with dementia in creative activities during your normal working day?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



## Post-Survey.

### Please supply your SESLHD staff number or your University student number

(Note: This will only be used for the purpose of linking your pre/post and follow-up survey)

### Which Hospital/community district and in which area (ward/specialty) do you currently work?

### Are there any new strategies that you plan to implement when treating someone with dementia, following the enabling EDIE workshop? Please elaborate.

### Dementia Knowledge

	True	False
Most forms of dementia do not generally shorten a person's life	<input type="radio"/>	<input type="radio"/>
Blood vessel disease (vascular dementia) is the most common form of dementia	<input type="radio"/>	<input type="radio"/>
People can recovered from the most common forms of dementia	<input type="radio"/>	<input type="radio"/>
Dementia is a normal part of the ageing process	<input type="radio"/>	<input type="radio"/>
Dementia does not result from physical changes in the brain	<input type="radio"/>	<input type="radio"/>
Planning for end of life care is generally not necessary following a diagnosis of dementia	<input type="radio"/>	<input type="radio"/>
Alzheimer's disease is the most common form of dementia	<input type="radio"/>	<input type="radio"/>
It is impossible to communicate with a person who has advanced dementia	<input type="radio"/>	<input type="radio"/>
A person experiencing advanced dementia will not generally respond to changes in their physical environment	<input type="radio"/>	<input type="radio"/>
It is important to correct a person with dementia when they are confused	<input type="radio"/>	<input type="radio"/>
People experiencing advanced dementia often communicate through body language	<input type="radio"/>	<input type="radio"/>
Uncharacteristic behaviours in a person experiencing dementia are generally a response to unmet needs	<input type="radio"/>	<input type="radio"/>
Medications are the most effective way of treating behavioural symptoms of dementia	<input type="radio"/>	<input type="radio"/>
People experiencing dementia do not generally have problems making decisions	<input type="radio"/>	<input type="radio"/>
Movement is generally affected in the later stages of dementia	<input type="radio"/>	<input type="radio"/>

Difficulty eating and drinking generally occurs in the later stages of dementia	<input type="radio"/>	<input type="radio"/>
People with advanced dementia have difficulty speaking	<input type="radio"/>	<input type="radio"/>
People experiencing dementia often have difficulty learning new skills	<input type="radio"/>	<input type="radio"/>
Daily care for a person with advanced dementia is effective when it focuses on providing comfort	<input type="radio"/>	<input type="radio"/>
Having high blood pressure increases a person's risk of developing dementia	<input type="radio"/>	<input type="radio"/>
Maintaining a healthy lifestyle does not reduce the risk of developing the most common forms of dementia	<input type="radio"/>	<input type="radio"/>
Symptoms of depression can be mistaken for symptoms of dementia	<input type="radio"/>	<input type="radio"/>
The sudden onset of cognitive problems is characteristic of common forms of dementia	<input type="radio"/>	<input type="radio"/>
Exercise is generally beneficial for people experiencing dementia	<input type="radio"/>	<input type="radio"/>
Early diagnosis of dementia does not generally improve quality of life for people experiencing the condition	<input type="radio"/>	<input type="radio"/>

### Dementia Attitudes

	Strongly disagree	Disagree	Neutral	Agree	Strongly Agree
It is rewarding to work with people who have dementia.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am afraid of people with dementia.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
People with dementia can be creative.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel confident around people with dementia.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am comfortable having physical contact with dementia.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel uncomfortable being around people with dementia.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Every person with dementia has different needs.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am not very familiar with dementia.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I would avoid an agitated person with dementia.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel relaxed around people with dementia.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel frustrated because I do not know how to help people with dementia.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I cannot imagine caring for someone with dementia.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



## Dementia Care

### How well do you feel you can...

	Not at all	A little bit	Quite a lot	Very much
Understand the feelings of a person with dementia?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Understand the way a person with dementia interacts with the people and the things around them?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Engage a person with dementia in a conversation?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Balance the needs of the person with dementia with their relative's wishes and the service's limitations?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Use information about their past (such as what they used to do and their interests), when talking to a person with dementia?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Change your work to match the changing needs of a person with dementia?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Protect the dignity of a person with dementia in your work?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Deal with behavior that challenges in a person with dementia?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Decide what to do about risk (such as harm to self or others) in a person with dementia?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Offer stimulation (for the mind, the senses and the body) to a person with dementia in your daily work?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Offer choice to a person with dementia in everyday care (such as what to wear, or what to do)?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Engage a person with dementia in creative activities during your normal working day?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## Enabling EDIE Evaluation

	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
The content of the enabling EDIE workshop was relevant to my profession?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have gained new skills from the Enabling EDIE workshop that I can incorporate in clinical practice?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The virtual reality component of the workshop provided me with a greater understanding of what people with dementia may experience.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The virtual reality component of the training had a greater impact on my knowledge compared to the group discussion component.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The virtual reality component of the training had a greater impact on my attitude towards people with dementia compared to the group discussion component.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**Overall, I would rate the workshop as:**

Excellent

Good

Average

Poor

Very Poor

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**What component of the workshop was most beneficial?**

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**What component of the workshop was least beneficial?**

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**Are there any other comments or suggestions you have related to this workshop?**

## Follow-Up Survey.

### Please supply your SESLHD staff number or your University student number

(Note: This will only be used for the purpose of linking your pre/post and follow-up survey)

Which Hospital/community district and in which area (ward/specialty) do you currently work?

Are there any strategies that you have implemented when treating someone with dementia, as a result of attending the enabling EDIE workshop? Please elaborate.

### Dementia Knowledge

	True	False
Most forms of dementia do not generally shorten a person's life	<input type="radio"/>	<input type="radio"/>
Blood vessel disease (vascular dementia) is the most common form of dementia	<input type="radio"/>	<input type="radio"/>
People can recovered from the most common forms of dementia	<input type="radio"/>	<input type="radio"/>
Dementia is a normal part of the ageing process	<input type="radio"/>	<input type="radio"/>
Dementia does not result from physical changes in the brain	<input type="radio"/>	<input type="radio"/>
Planning for end of life care is generally not necessary following a diagnosis of dementia	<input type="radio"/>	<input type="radio"/>
Alzheimer's disease is the most common form of dementia	<input type="radio"/>	<input type="radio"/>
It is impossible to communicate with a person who has advanced dementia	<input type="radio"/>	<input type="radio"/>
A person experiencing advanced dementia will not generally respond to changes in their physical environment	<input type="radio"/>	<input type="radio"/>
It is important to correct a person with dementia when they are confused	<input type="radio"/>	<input type="radio"/>
People experiencing advanced dementia often communicate through body language	<input type="radio"/>	<input type="radio"/>
Uncharacteristic behaviours in a person experiencing dementia are generally a response to unmet needs	<input type="radio"/>	<input type="radio"/>
Medications are the most effective way of treating behavioural symptoms of dementia	<input type="radio"/>	<input type="radio"/>
People experiencing dementia do not generally have problems making decisions	<input type="radio"/>	<input type="radio"/>
Movement is generally affected in the later stages of dementia	<input type="radio"/>	<input type="radio"/>

Difficulty eating and drinking generally occurs in the later stages of dementia	<input type="radio"/>	<input type="radio"/>
People with advanced dementia have difficulty speaking	<input type="radio"/>	<input type="radio"/>
People experiencing dementia often have difficulty learning new skills	<input type="radio"/>	<input type="radio"/>
Daily care for a person with advanced dementia is effective when it focuses on providing comfort	<input type="radio"/>	<input type="radio"/>
Having high blood pressure increases a person's risk of developing dementia	<input type="radio"/>	<input type="radio"/>
Maintaining a healthy lifestyle does not reduce the risk of developing the most common forms of dementia	<input type="radio"/>	<input type="radio"/>
Symptoms of depression can be mistaken for symptoms of dementia	<input type="radio"/>	<input type="radio"/>
The sudden onset of cognitive problems is characteristic of common forms of dementia	<input type="radio"/>	<input type="radio"/>
Exercise is generally beneficial for people experiencing dementia	<input type="radio"/>	<input type="radio"/>
Early diagnosis of dementia does not generally improve quality of life for people experiencing the condition	<input type="radio"/>	<input type="radio"/>

### Dementia Attitudes

	Strongly disagree	Disagree	Neutral	Agree	Strongly Agree
It is rewarding to work with people who have dementia.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am afraid of people with dementia.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
People with dementia can be creative.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel confident around people with dementia.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am comfortable having physical contact with dementia.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel uncomfortable being around people with dementia.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Every person with dementia has different needs.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am not very familiar with dementia.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I would avoid an agitated person with dementia.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel relaxed around people with dementia.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel frustrated because I do not know how to help people with dementia.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I cannot imagine caring for someone with dementia.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## Dementia Care

### How well do you feel you can...

	Not at all	A little bit	Quite a lot	Very much
Understand the feelings of a person with dementia?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Understand the way a person with dementia interacts with the people and the things around them?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Engage a person with dementia in a conversation?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Balance the needs of the person with dementia with their relative's wishes and the service's limitations?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Use information about their past (such as what they used to do and their interests), when talking to a person with dementia?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Change your work to match the changing needs of a person with dementia?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Protect the dignity of a person with dementia in your work?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Deal with behavior that challenges in a person with dementia?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Decide what to do about risk (such as harm to self or others) in a person with dementia?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Offer stimulation (for the mind, the senses and the body) to a person with dementia in your daily work?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Offer choice to a person with dementia in everyday care (such as what to wear, or what to do)?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Engage a person with dementia in creative activities during your normal working day?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

### Would you be interested in potentially participating in a focus group (within the next 6-12 months) aimed at improving dementia education for allied health professionals?

Yes

No

Please provide email address and/or contact number to liaise with you regarding the focus group

Email Address

Phone Number