**From:** "[no\_reply@regis.health.nsw.gov.au](mailto:no_reply@regis.health.nsw.gov.au)" <[no\_reply@regis.health.nsw.gov.au](mailto:no_reply@regis.health.nsw.gov.au)>  
**Date:** Tuesday, 9 July 2019 at 2:08 pm  
**To:** Sam Harvey <[s.harvey@unsw.edu.au](mailto:s.harvey@unsw.edu.au)>  
**Cc:** "[SESLHD-RSO@health.nsw.gov.au](mailto:SESLHD-RSO@health.nsw.gov.au)" <[SESLHD-RSO@health.nsw.gov.au](mailto:SESLHD-RSO@health.nsw.gov.au)>  
**Subject:** 2019/ETH00318: Application HREA - Approved

Date of Decision Notification:**09 Jul 2019**

Dear Mr Harvey  
Thank you for submitting the following Human Research Ethics Application (HREA) for HREC review:  
  
**2019/ETH00318**: Usability, feasibility and acceptability of a smartphone application to support the mental health of Junior Medical Officers in NSW: A pilot trial  
  
This project was considered by the **South Eastern Sydney Local Health District HREC Executive Committee** at its meeting held on**02/07/2019** and was determined to meet the requirements of the National Statement on Ethical Conduct in Human Research (2007).  
This project has been Approved to be conducted at the following sites:

* Prince of Wales Hospital
* Royal Hospital for Women
* St George Hospital
* Sutherland Hospital
* Sydney Hospital / Sydney Eye Hospital
* Hornsby Ku-Ring-Gai Hospital
* Macquarie Hospital
* Royal North Shore Hospital
* Ryde Hospital
* Gosford Hospital
* Woy Woy Hospital
* Wyong Hospital
* Hunter New England Local Health District

The following documentation was reviewed and is included in this approval:

* Appendix A. Flyer\_v3\_19 June 2019
* Appendix B. Email of Invitation\_v3\_19 June 2019
* Appendix C. PISCF\_v3\_19 June 2019
* Appendix D. Screening Questions-2-23-APR-2019
* Appendix E. Registration-2-23-APR-2019
* Appendix F. Baseline Survey-1-09-FEB-2019
* Appendix G. Registration Email\_v3\_19 June 2019
* Appendix H. Reminder Emails and SMS\_v3\_19 June 2019
* Appendix I. Alerts to Participant\_v3\_19 June 2019
* Appendix J. Alerts to Researcher-1-10-FEB-2019
* Appendix K. Follow-Up Survey\_v3\_19 June 2019
* Harvey\_Protocol v3, dated 19 June 2019
* HREA
* ProjectRegistration

[Application Documents](https://regis2.health.nsw.gov.au/api/ApplicationDecision/DownloadAttachments?token=c580e5b3-6daf-4097-8943-ee840901a188) - (**Please note : Due to security reasons, this link will only be active for 14 days**.)The Human Research Ethics Application reviewed by the HREC was:  
Version: 3  
Date: 21 Jun 2019  
  
It is noted that the South Eastern Sydney Local Health District HREC is constituted in accordance with the National Statement on Human Conduct in Research, 2007 (NHMRC). The approval is for a period of**5 years from the date of this e-mail (09 Jul 2019)** , on condition of the submission of Annual Reports.  
  
**Conditions of approval**  
1.  This approval is valid for 5 years from the date of this letter.  
2.  Annual reports must be provided on the anniversary of approval.  
3.  A final report must be provided at the completion of the project.  
4.  Proposed changes to the research protocol, conduct of the research, or length of approval will be provided to the Committee.  
5.  The Principal Investigator will immediately report matters which might warrant review of ethical approval, including unforeseen events which might affect the ethical acceptability of the project and any complaints made by study participants.  
  
  
We wish you all the best with the project and remind you that any changes to the application and safety reports will need to be submitted and reviewed by the approving HREC prior to implementation.  
**This email constitutes ethical and scientific approval only.**  
This project cannot proceed at any site until separate research governance authorisation has been obtained from the Institution under whose auspices the research will be conducted at that site.  
  
**This HREC is constituted and operates in accordance with the National Statement on Ethical Conduct in Human Research (2007). The processes used by this HREC to review multi-centre research proposals have been certified by the National Health and Medical Research Council.**  
  
Should you have any queries, please contact the Research Support Office on (02) 9382 3587 or email [SESLHD-RSO@health.nsw.gov.au](mailto:SESLHD-RSO@health.nsw.gov.au)  
The HREC Terms of Reference, Standard Operating Procedures, membership and standard forms are available from the Research Support Office website:  
<https://www.seslhd.health.nsw.gov.au/services-clinics/directory/seslhd-research>  
  
Regards  
On behalf of HREC Executive Officer

Chilandu Mukuka  
Ethics Officer | **Research Support Office**  
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<https://seslhd.health.nsw.gov.au/services-clinics/directory/seslhd-research>