



**Approval Date: 12 June 2019**

**Prof Renuka Visvanathan  
Department of Medicine  
UNIVERSITY OF ADELAIDE**

Dear Prof Visvanathan

**Project Title:** A pre-post feasibility and acceptability study investigating the effects of a goal-setting coaching intervention using accelerometer guided objective real time feedback on sedentary behaviour and physical activity in hip fracture patients: The HIP-MOVE Study.

**HREC reference number:** HREC/19/CALHN/149

**CALHN Reference number:** Q20190310

**RE: Ethics Application APPROVAL**

Thank you for submitting the above project for ethical and scientific review. The project was first considered by the CALHN Human Research Ethics Committee at its meeting held on 18 April 2019.

The HREC has reviewed all responses, and I am pleased to advise that your protocol has been granted full ethics approval. The study meets the requirements of the *National Statement on Ethical Conduct in Human Research, incorporating all updates*. The documents reviewed and approved include:

Document	Version	Date
HREA	AU/1/EA3A311	05 Mar 2019
Covering Letter	-	19 Mar 2019
Protocol	3	23 May 2019
Participant Information Sheet/Consent Form - Control	1	04 Mar 2019
Participant Information Sheet/Consent Form - Intervention	3	23 May 2019
Participant Information Sheet/Consent Form - post study interviews carer	1	05 Mar 2019
Participant Information Sheet/Consent Form - post study interviews patients	1	05 Mar 2019
Participant Information Sheet/Consent Form post study interviews staff	1	05 Mar 2019
Interview schedule patient and carer acceptability study	1	05 Mar 2019
Interview acceptability study STAFFs	1	05 Mar 2019
HIP SMART Booklet	1	05 Mar 2019
During-Your-Stay-Poster-Template	1	05 Mar 2019
Patient Flyer	1	05 Mar 2019
Leaflet for professionals	1	05 Mar 2019
Response to request for further information - email	-	29 May 2019

Sites covered by this approval:

Site	State	Investigator
The Queen Elizabeth Hospital	SA	CPI: Prof Renuka Visvanathan

HREC approval is valid for 5 years from **12 June 2019** to **12 June 2024**

**GENERAL TERMS AND CONDITIONS OF ETHICAL APPROVAL:**

- For all clinical trials, the study must be registered in a publicly accessible trials registry prior to enrolment of the first participant.

- This HREC is certified with the NHMRC for National Mutual Acceptance of Single Ethical and Scientific Review of Multi-centre Clinical Trials. Any study sites that are not listed on this letter are not covered by this ethics approval. Any study-sites that wish to be added must contact the CPI, who must write formally to this HREC requesting the additional study site.
- Adequate record-keeping is important and must be maintained in accordance with GCP, NHMRC and state and national guidelines. If the project involves signed consent, you should retain the completed consent forms which relate to this project and a list of all those participating in the project, to enable contact with them in the future if necessary. The duration of record retention for all clinical research data is 15 years.
- Researchers must notify the HREC of any events which might warrant review of the approval or which warrant new information being presented to research participants, including:
  - (a) adverse events which warrant protocol change or notification to research participants;
  - (b) changes to the protocol;
  - (c) changes to the safety or efficacy of the investigational product, device or method;
  - (d) premature termination of the study.
- The HREC must be notified within 72 hours of any Urgent Safety Measures (USMs) occurring at this or any approved sites.
- Confidentiality of the research participants shall be maintained at all times as required by law.
- Approval is valid for **5 years** from the date of this letter, after which an extension must be applied for.
- **Annual Review Reports must be submitted to the HREC, every 12 months on the anniversary of the above approval date.** Each site covered by this HREC must submit a report and it is the responsibility of the Coordinating Principal Investigator to ensure this is provided to the CALHN HREC Executive Officer within 10 working days on each anniversary of the approval date using the Annual Review Report Form available at: <https://www.rahresearchfund.com.au/rah-research-institute/for-researchers/human-research-ethics/> and <http://www.basilhetzelinstitute.com.au/research/information-for-researchers/human-research-ethics-committee/>
- **A final Annual Review Report must be submitted to the HREC on completion of the study.** Each site covered by this HREC must submit a report, and it is the responsibility of the Coordinating Principal Investigator to ensure this is provided to the CALHN HREC Executive Officer using the CALHN Annual Review Report Form available at <https://www.rahresearchfund.com.au/rah-research-institute/for-researchers/human-research-ethics/> and <http://www.basilhetzelinstitute.com.au/research/information-for-researchers/human-research-ethics-committee/>. A copy of any published material must also be provided with the report, or following when available.

***You are reminded that this letter constitutes ethical approval only. You must not commence this research project at any site until separate authorisation from the Chief Executive or delegate of that site has been obtained. For any queries, please contact the CALHN Governance Office:***  
[\*\*Health.CALHNResearchGovernance@sa.gov.au\*\*](mailto:Health.CALHNResearchGovernance@sa.gov.au)

This Committee is constituted in accordance with the NHMRC's *National Statement on the Ethical Conduct of Human Research (2007)* incorporating all updates.

Should you have any queries about the HREC's consideration of your project, please contact the Executive Officer on 08 7117 2229, or [\*\*Health.CALHNResearchEthics@sa.gov.au\*\*](mailto:Health.CALHNResearchEthics@sa.gov.au).

The HREC wishes you every success in your research.

Yours sincerely,



**Ian Tindall**  
**CHAIR**  
**CALHN HUMAN RESEARCH ETHICS COMMITTEE**

cc: Site Research Governance Officer