

01 July 2019

Mrs Ciara Funnell  
Massey University  
School of Food and Advanced Technology  
Palmerston North 4474

Dear Mrs Funnell

Re: <b>Ethics ref:</b>	<b>19/CEN/47</b>
Study title:	Body composition changes during pregnancy and early infancy

I am pleased to advise that this application has been approved by the Central Health and Disability Ethics Committee. This decision was made through the HDEC-Full Review pathway.

#### Conditions of HDEC approval

HDEC approval for this study is subject to the following conditions being met prior to the commencement of the study in New Zealand. It is your responsibility, and that of the study's sponsor, to ensure that these conditions are met. No further review by the Central Health and Disability Ethics Committee is required.

Standard conditions:

1. Before the study commences at *any* locality in New Zealand, all relevant regulatory approvals must be obtained.
2. Before the study commences at *each given* locality in New Zealand, it must be authorised by that locality in Online Forms. Locality authorisation confirms that the locality is suitable for the safe and effective conduct of the study, and that local research governance issues have been addressed.

#### After HDEC review

Please refer to the *Standard Operating Procedures for Health and Disability Ethics Committees* (available on [www.ethics.health.govt.nz](http://www.ethics.health.govt.nz)) for HDEC requirements relating to amendments and other post-approval processes.

**Your next progress report is due by 1 July 2020.**

Participant access to ACC

The Central Health and Disability Ethics Committee is satisfied that your study is not a clinical trial that is to be conducted principally for the benefit of the manufacturer or distributor of the medicine or item being trialled. Participants injured as a result of treatment received as part of your study may therefore be eligible for publicly-funded compensation through the Accident Compensation Corporation (ACC).

Please don't hesitate to contact the HDEC secretariat for further information. We wish you all the best for your study.

Yours sincerely,

A handwritten signature in black ink, appearing to read 'Helen Walker', written in a cursive style.

Mrs Helen Walker  
Chairperson  
Central Health and Disability Ethics Committee

Encl: appendix A: documents submitted  
appendix B: statement of compliance and list of members

**Appendix A**  
**Documents submitted**

<i>Document</i>	<i>Version</i>	<i>Date</i>
CV for CI: Academic CV - Ciara Funnell	Final	12 March 2019
Protocol: The Koru Study Protocol	Final	12 March 2019
Survey/questionnaire: The Koru Study Questionnaires 8 of 8	Final	12 March 2019
Investigator's Brochure: The Koru Study advertisement	Final	12 March 2019
Evidence of scientific review: The Koru Study Peer Review	Final	12 March 2019
PIS/CF: The Koru Study PIS - with tracked changes	Final	12 March 2019
PIS/CF for persons interested in welfare of non-consenting participant: The Koru Study PIS - Adult with Infant consent forms	Final	12 March 2019
Application		12 March 2019
Covering Letter		25 March 2019
Covering Letter: Cover letter	Final	31 May 2019
Response to Request for Further Information		

## Appendix B Statement of compliance and list of members

### Statement of compliance

The Central Health and Disability Ethics Committee:

- is constituted in accordance with its Terms of Reference
- operates in accordance with the *Standard Operating Procedures for Health and Disability Ethics Committees*, and with the principles of international good clinical practice (GCP)
- is approved by the Health Research Council of New Zealand's Ethics Committee for the purposes of section 25(1)(c) of the Health Research Council Act 1990
- is registered (number 00008712) with the US Department of Health and Human Services' Office for Human Research Protection (OHRP).

### List of members

<i>Name</i>	<i>Category</i>	<i>Appointed</i>	<i>Term Expires</i>
Mrs Helen Walker	Lay (consumer/community perspectives)	01/07/2015	01/07/2018
Ms Helen Davidson	Lay (ethical/moral reasoning)	06/12/2018	06/12/2021
Dr Peter Gallagher	Non-lay (health/disability service provision)	30/07/2015	30/07/2018
Mrs Sandy Gill	Lay (consumer/community perspectives)	30/07/2015	30/07/2018
Dr Ptries Herst	Non-lay (intervention studies)	27/10/2015	27/10/2018
Dr Dean Quinn	Non-lay (intervention studies)	27/10/2015	27/10/2018
Dr Cordelia Thomas	Lay (the law)	20/05/2017	20/05/2020

Unless members resign, vacate or are removed from their office, every member of HDEC shall continue in office until their successor comes into office (HDEC Terms of Reference)

<http://www.ethics.health.govt.nz>