Adam Shoesmith (Hunter New England LHD)

From: no_reply@regis.health.nsw.gov.au

Sent: Tuesday, 1 November 2022 12:42 PM

Luke Wolfenden (Hunter New England LHD)

Cc: Adam Shoesmith (Hunter New England LHD); Jannah Jones (Hunter New England

LHD); Jennifer Plaskett (Western Sydney LHD); Brendan Pearson (Murrumbidgee LHD); Karen Wardle (South Western Sydney LHD); Linda Stanbury (Nepean Blue Mountains LHD); Jenny Norman (Illawarra Shoalhaven LHD); Lisa Moorhouse (South Eastern Sydney LHD); Dr Lisa Simone (Sydney LHD); Lauren Mcclean (Northern Sydney LHD); Pip Budgen (Illawarra Shoalhaven LHD); Jessie Parish (Western NSW LHD); Nicola Kerr (Mid North Coast LHD); Nicole Kajons (Central Coast LHD); Megan Mattingly (Murrumbidgee LHD); Jessica Wrigley (South Eastern Sydney LHD); Rachel

Adam (Northern Sydney LHD)

Subject: 2019/ETH12353: Notification of an amendment to a research study - General

Amendment (105196) - Approved

Follow Up Flag: Follow up Flag Status: Flagged

Date of Decision Notification: 01 Nov 2022 Greater than low risk review pathway

Dear Professor Wolfenden

Thank you for submitting an Amendment for the following study;

2019/ETH12353: HNE Kids Healthy Eating and Physical Activity Program

The Amendment has been reviewed by the Executive Officer as delegated by the HREC Chair and has been approved for the following:

- Change the main trial outcome to scheduling of mean minutes of daily Energisers
- Modify the sustainability support strategies delivered to intervention schools
- Addition of Mr Edward Riley-Gibson as student researcher
- Addition of Ms Carly Gardner as research assistant

The following documentation is included in this approval:

- Research Protocol: HNE Kids Healthy Eating and Physical Activity Project PACE Physical Activity
 Program (Version dated 26 October 2022)
- Good for Kids, Good for Life PRINCIPAL INFORMATION STATEMENT (Master Version 2 dated 26 October 2022)
- Good for Kids, Good for Life PRINCIPAL CONSENT FORM (Master Version 2 dated 26 October 2022)
- Good for Kids, Good for Life TEACHER INFORMATION STATEMENT (Master Version 2 dated 26 October 2022)

- Good for Kids, Good for Life PACE PROGRAM PARTICIPANT QUESTIONNAIRE Survey for School Principals (Version 6 dated 26 October 2022)
- Good for Kids, Good for Life PACE PROGRAM PARTICIPANT QUESTIONNAIRE Survey for School Teachers (Version 7 dated 26 October 2022)

It is noted that the Hunter New England Human Research Ethics Committee is constituted in accordance with the National Statement on Human Conduct in Research, 2007 (NHMRC). This decision will be ratified at the next meeting of the Committee to be held on **9 November 2022**.

For NSW authorised sites (listed in REGIS): A Site General Amendment form will need to be submitted to each affected site. You are not required to upload this form or the ethics approved documents into the site form but you will need to identify this approved amendment form ID105196.

This email constitutes ethical and scientific approval only.

Approval has been granted for this study to take place at the following site/s:

- Central Coast Local Health District Niki Kajons
- Hunter New England Population Health Professor Luke Wolfenden
- Illawarra Shoalhaven Local Health District (Site) Pip Bugden
- Illawarra Shoalhaven Local Health District (Site) Dr Jenny Norman
- Mid North Coast Local Health District Nikola Kerr
- Murrumbidgee Local Health District (Site) Brendan Pearson
- NBLHD District wide surveys Linda Stanbury
- Northern Sydney Local Health District (Site) Lauren McClean
- South Eastern Sydney Local Health District (Site) Lisa Moorhouse
- South Western Sydney Local Health District (Site) Karen Wardle
- Southern New South Wales Local Health District site Emma Woolley
- Sydney Local Health District (Site) Lisa Simone
- Western New South Wales Local Health District (Site) Jessie Parish
- WSLHD Jennifer Plaskett

Please Note: This is your approval, you will no longer receive a formal letter.

Please contact us if you would like to discuss any aspects of this process further, at <u>HNELHD-HREC@health.nsw.gov.au</u>.

Kind regards

Debbie Madden

Ethics Administration Officer Research Office Hunter New England Local Health District

Ph: 02 49855929

Email: Debbie.madden@health.nsw.gov.au