

27 February 2020

Amanda Thijsen
Senior Research Assistant
Australian Red Cross Lifeblood
17 O'Riordan Street
Alexandria NSW 2015

Dear Amanda,

Reference number: Thijsen 21022020

Project title: IMPLEMENT Study – Reducing vasovagal syncope and presyncope symptoms in plasma donors using applied muscle tension

Thank you for submitting the above research project for ethical review. Your project has been assigned the reference number Thijsen 21022020. This number must be quoted in all correspondence to this Ethics Committee.

Your application was approved by the Chairperson on behalf of the Lifeblood Ethics Committee. This ethics approval is valid from 27 February 2020 to 27 February 2023, subject to the following conditions being met:

- The Principal Investigator will immediately report anything that might warrant review of ethical approval of the project.
- The Principal Investigator will seek approval from the Lifeblood Ethics Committee for any proposed changes to the protocol, including changes to the investigators and changes to the approved documents. An approval letter must be received before the amendment is implemented.
- The Principal Investigator will report to the Lifeblood Ethics Committee annually and notify the Ethics Committee when the project is completed.
- The Principal Investigator will notify the Lifeblood Ethics Committee of any plan to extend the duration of the project past the approval period listed above, and submit any associated required documentation.

The approved documents include:

Document	Version	Date
Protocol DH19-07A	1.2	26 February 2020

If you require any further information, please contact the Ethics Secretary on 02 9234 2368 or at ethics@redcrossblood.org.au.

Yours sincerely,



Dr Larissa Aldridge
Ethics Secretary

The Lifeblood Ethics Committee is constituted and operates in accordance with the National Health and Medical Research Council's (NHMRC) *National Statement on Ethical Conduct in Human Research* (2007).