**CONSENT FORM**

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| --- | --- |
| **HREC Project Number:** | 15976 |
| **Project Title:** | *The impact of vitamin D supplementation on resting metabolic rate, body composition, and strength in physically active adults* |
| **Principal Investigator:** | *Dr Kagan Ducker, Senior Lecturer, School of Physiotherapy and Exercise Science* |
| **Student researcher:** | *Karina Romeu Montenegro* |
| **Version Number:** | *V1* |
| **Version Date:** | 08/01/2019 |

* I have read, the information statement version listed above and I understand its contents.
* I believe I understand the purpose, extent and possible risks of my involvement in this project.
* I voluntarily consent to take part in this research project.
* I have had an opportunity to ask questions and I am satisfied with the answers I have received.
* I understand that this project has been approved by Curtin University Human Research Ethics Committee and will be carried out in line with the National Statement on Ethical Conduct in Human Research (2007).
* I understand I will receive a copy of this Information Statement and Consent Form.
* If you are female please read the statement below and tick (🗹) the check box if it is correct.

□ *I confirm that to the best of my knowledge I am not pregnant, nor attempting to become pregnant*

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| --- | --- |
| Participant Name |  |
| Participant Signature |  |
| Date |  |

Declaration by researcher: I have supplied an Information Letter and Consent Form to the participant who has signed above, and believe that they understand the purpose, extent and possible risks of their involvement in this project.

|  |  |
| --- | --- |
| Researcher Name |  |
| Researcher Signature |  |
| Date |  |

*Note: All parties signing the Consent Form must date their own signature.*