## **Breaking the Man Code: BASELINE SURVEY**

## Title for participants: Baseline Wellbeing Survey

#	Variable name	Text	Response options	Values	Rules	Response required?	Item source
0.		Thanks for agreeing to take part in our study, we really appreciate it.  The survey won't take long.	Start survey	n/a	After explanatory statement and consent		Monash
		Most of the questions are multiple choice.					
		Just give the first answer that comes to your mind and don't think about it too much. This is not test!					
		There are no right or wrong answers. No one will see your responses except the researchers, and we won't know your name.					
1.	age	How old are you?	years		Whole numbers only, 13-20	Yes	Monash
2.	gender1	What is your gender? (multiple options allowed)	Male	No (0)	Multiple options 1-3	Yes	Monash
				Yes (1)	If other options then one		
	gender2	r2	Transgender male	No (0)	option only		
				Yes (1)			
	gender3		Non-binary/gender diverse	No (0)			
				Yes (1)			
	gender4	gender4_txt	My gender identity isn't listed. I identify as	1			
			Don't know	2			
			Prefer not to say	3			
3.	sexuality	Do you identify as	Gay or homosexual	1		Yes	Monash
			Straight or heterosexual	2			
			Bisexual	3			
			Something else	4			
			Don't know	5			
			Prefer not to say	6			
4.	language	What language do you <b>mainly</b> speak at home?	English	1		Yes	Monash
			Italian	2			
			Greek	3			
			Cantonese	4			
			Arabic	5			

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			Mandarin	6		
			Vietnamese	7		
	language_txt		Other (please specify)	8		
5.	abti	Are you of Aboriginal or Torres Strait Islander origin?	No	1	Yes	Monash
			Aboriginal	2		
			Torres Strait Islander	3		
			Aboriginal and Torres Strait Islander	4		
6.		If you were having a personal or emotional problem, how likely is it that you would seek help from the following people?	Start GHSQ	n/a		GHSQ
7.	ghsq1	Intimate partner (e.g. girlfriend, boyfriend)	Extremely unlikely	1	Yes	GHSQ
			-	2		
			Unlikely	3		
			-	4		
			Likely	5		
			-	6		
			Extremely likely	7		
8.	ghsq2	Friend	Extremely unlikely	1	Yes	GHSQ
			-	2		
			Unlikely	3		
			-	4		
			Likely	5		
			-	6		
			Extremely likely	7		
9.	ghsq3	Parent	Extremely unlikely	1	Yes	GHSQ
			-	2		
			Unlikely	3		
			-	4		
			Likely	5		
			-	6		
			Extremely likely	7		
10.	ghsq4	Other relative / family member	Extremely unlikely	1	Yes	GHSQ
			-	2		
			Unlikely	3		

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			-	4		
			Likely	5		
			-	6		
			Extremely likely	7		
11.	ghsq5	Mental health professional (e.g. psychologist, social worker,	Extremely unlikely	1	Yes	GHSQ
		counsellor)	-	2		
			Unlikely	3		
			-	4		
			Likely	5		
			-	6		
			Extremely likely	7		
12.	ghsq6	Phone helpline (e.g. Kidsline, Lifeline)	Extremely unlikely	1	Yes	GHSQ
	9949		-	2	. 60	5.134
			Unlikely	3		
			-	4		
			Likely	5		
			-	6		
			Extremely likely	7		
12	ala a 2	Destau/CD		4	Vaa	CUSO
13.	ghsq7	Doctor/GP	Extremely unlikely	1	Yes	GHSQ
			-	2		
			Unlikely	3		
			- Librah.	4		
			Likely	5		
			Francisco Phale	6		
			Extremely likely	/		
14.	ghsq8	People online – forum, chat room, support group etc.	Extremely unlikely	1	Yes	GHSQ
				2		
			Unlikely	3		
			-	4		
			Likely	5		
			-	6		
			Extremely likely	7		
15.	ghsq9	Minister or religious leader (e.g. Priest, Rabbi, Chaplain, Mullah)	Extremely unlikely	1	Yes	GHSQ

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			-	2			
			Unlikely	3			
			-	4			
			Likely	5			
			-	6			
			Extremely likely	7			
16.	ghsq10	Someone at school, e.g. counsellor, wellbeing officer, teacher	Extremely unlikely	1		Yes	GHSQ
			-	2			
			Unlikely	3			
			-	4			
			Likely	5			
			-	6			
			Extremely likely	7			
17.	ghsq11	I would not seek help from anyone	Extremely unlikely	1		Yes	GHSQ
			-	2			
			Unlikely	3			
			-	4			
			Likely	5			
			-	6			
			Extremely likely	7			
18.	ghsq12	Someone else, not listed above (please specify)	Extremely unlikely	1		No	GHSQ
	ghsq12_txt		-	2			
			Unlikely	3			
			-	4			
			Likely	5			
			_	6			
			Extremely likely	7			
19.	barrier1	What reasons would stop you asking for help for a personal or	I prefer to manage myself	0 or 1	Multiple responses. If they	Yes	Monash
	barrier2 emotional problem? Select all that apply.	I don't think anything could help	0 or 1	say none, then cannot select the other options. If they			
	barrier3	rrier3	I don't know where to get help	0 or 1	select one of the other		
	barrier5	I am afraid what others would think of me if I asked for help	0 or 1	options, then cannot select			
		I am too embarrassed to talk to someone about my problem	0 or 1	none.			
	barrier6		I can't afford the money	0 or 1	Each response is a separate variable coded as 1 if		

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	barrier7		In the past I asked but no one help me	0 or 1	selected and either 0 or		
	barrier8	barrier8_txt	Other (please specify)	0 or 1	blank if not selected.		
	barrier9		None	0 or 1			
20.		Thinking about your own actions, feelings and beliefs, please indicate how much you personally agree or disagree with each statement.	Start CMNI	n/a			CMNI-22
		There are no right or wrong answers – you should just give the responses that most accurately describe your personal actions, feelings and beliefs. It is best if you respond with your first impression when answering.					
21.	cmni1	My work/school is the most important part of my life	Strongly disagree	0		Yes	CMNI-22
			Disagree	1			
			Agree	2			
			Strongly agree	3			
22.	cmni2	I make sure people do as I say	Strongly disagree	0		Yes	CMNI-22
			Disagree	1			
			Agree	2			
			Strongly agree	3			
23.	cmni3	In general, I do not like risky situations	Strongly disagree	0	Will be reverse coded in the	Yes	CMNI-22
			Disagree	1	analysis stage		
			Agree	2			
			Strongly agree	3			
24.	cmni4	It would be awful if someone thought I was gay	Strongly disagree	0		Yes	CMNI-22
			Disagree	1			
			Agree	2			
			Strongly agree	3			
25.	cmni5	I think it is okay for men to be in charge of women	Strongly disagree	0		Yes	CMNI-22
			Disagree	1			
			Agree	2			
			Strongly agree	3			
26.	cmni6	I like to talk about my feelings	Strongly disagree	0	Will be reverse coded in the	Yes	CMNI-22
			Disagree	1	analysis stage		
			Agree	2			
			Strongly agree	3			

27.	cmni7	I would feel good if I had many girlfriends/boyfriends	Strongly disagree	0		Yes	CMNI-22
			Disagree	1			
			Agree	2			
			Strongly agree	3			
28.	cmni8	It is important to me that people think I am heterosexual	Strongly disagree	0		Yes	CMNI-22
			Disagree	1			
			Agree	2			
			Strongly agree	3			
29.	cmni9	I believe that violence is never justified	Strongly disagree	0	Will be reverse coded in the	Yes	CMNI-22
			Disagree	1	analysis stage		
			Agree	2			
			Strongly agree	3			
30.	cmni10	I tend to share my feelings	Strongly disagree	0	Will be reverse coded in the	Yes	CMNI-22
			Disagree	1	analysis stage		
			Agree	2			
			Strongly agree	3			
31.	cmni11	I should be in charge	Strongly disagree	0		Yes	CMNI-22
			Disagree	1			
			Agree	2			
			Strongly agree	3			
32.	cmni12	I would hate to be important	Strongly disagree	0	Will be reverse coded in the	Voc	CMNI-22
32.	CHITILE	I would hate to be important	Disagree	1	analysis stage	103	CIVIIVI ZZ
			Agree	2			
			Strongly agree	3			
92	14.2					v	CAMPI 22
33.	cmni13	Sometimes violent action is necessary	Strongly disagree	0		Yes	CMNI-22
			Disagree	1			
			Agree	2			
			Strongly agree	3			
34.	cmni14	I don't like giving all my attention to work/school	Strongly disagree	0	Will be reverse coded in the	Yes	CMNI-22
			Disagree	1	analysis stage		
			Agree	2			
			Disagree	1	analysis stage		

36.	cmni15	More often than not, losing does not bother me  If I could, I would frequently change girlfriends/boyfriends	Strongly disagree  Disagree  Agree  Strongly agree  Strongly disagree  Disagree  Agree  Strongly agree	0 1 2 3 0 1 2 3	Will be reverse coded in the analysis stage	Yes	CMNI-22
37.	cmni17	I never do things to be an important person	Strongly disagree  Disagree  Agree  Strongly agree	0 1 2 3	Will be reverse coded in the analysis stage	Yes	CMNI-22
38.	cmni18	I never ask for help	Strongly disagree  Disagree  Agree  Strongly agree	0 1 2 3		Yes	CMNI-22
39.	cmni19	I enjoy taking risks	Strongly disagree  Disagree  Agree  Strongly agree	0 1 2 3		Yes	CMNI-22
40.	cmni20	Men and women should respect each other as equals	Strongly disagree  Disagree  Agree  Strongly agree	0 1 2 3	Will be reverse coded in the analysis stage	Yes	CMNI-22
41.	cmni21	Winning isn't everything, it's the only thing	Strongly disagree  Disagree  Agree  Strongly agree	0 1 2 3		Yes	CMNI-22
42.	cmni22	It bothers me when I have to ask for help	Strongly disagree  Disagree  Agree  Strongly agree	0 1 2 3		Yes	CMNI-22

43.		Thanks so much for answering our questions so far.	Encouraging statement 1			Monash
		Remember to just give the first answer that comes to your mind, no need to think about it too hard.				
		Keep going!				
44.		In the <i>last two weeks,</i> how much do these statements apply to you?	Start MDRS	n/a		MDRS-7
45.	mdrs1	I bottled up my negative feelings	None of the time	0	Yes	MDRS-7
			A little of the time	1		
			Some of the time	2		
			Most of the time	3		
			All of the time	4		
46.	mdrs2	I had unexplained aches and pains	None of the time	0	Yes	MDRS-7
			A little of the time	1		
			Some of the time	2		
			Most of the time	3		
			All of the time	4		
47.	mdrs3	I needed alcohol to help me unwind	None of the time	0	Yes	MDRS-7
			A little of the time	1		
			Some of the time	2		
			Most of the time	3		
			All of the time	4		
48.	mdrs4	I overreacted to situations with aggressive behaviour	None of the time	0	Yes	MDRS-7
			A little of the time	1		
			Some of the time	2		
			Most of the time	3		
			All of the time	4		
49.	mdrs5	I stopped caring about the consequences of my actions	None of the time	0	Yes	MDRS-7
			A little of the time	1		
			Some of the time	2		
			Most of the time	3		
			All of the time	4		
50.	mdrs6	It was difficult to manage my anger	None of the time	0	Yes	MDRS-7
			A little of the time	1		
			Some of the time	2		
			Most of the time	3		
			All of the time	4		

A lattic of the time	51.	mdrs7	Using drugs provided temporary relief	None of the time	0	Yes	MDRS-7
Most of the time					1		
All of the Lime   All of the					2		
Signature   People sometimes look to others for companionship, assistance, or other types of support. How offers is set of the following kinds of support and infliction to you when you need for talk   None of the time					3		
supert support. How ord feel is each of the following kinds of support and support and provided to sus				All of the time	4		
A little of the time	52.		other types of support. How often is each of the following kinds of	Start MOS	n/a		MOS-SS
Some of the time	53.	mos1	Someone you can count on to listen to you when you need to talk	None of the time	1	Yes	MOS-SS
Most of the time				A little of the time	2		
Some one to give you information to help you understand a situation   None of the time   1				Some of the time	3		
Same   Most   Someone to give you information to help you understand a situation   None of the time   2   Some of the time   3   Most   SS				Most of the time	4		
A little of the time				All of the time	5		
Some of the time	54.	mos2	Someone to give you information to help you understand a situation	None of the time	1	Yes	MOS-SS
Most of the time All of the time 5  55. mos3  Someone to give you good advice about a crisis  None of the time All title of the time 2 55. mos4  Someone to confide in or talk to about yourself or your problems All title of the time All of the time 5  56. mos4  Someone to confide in or talk to about yourself or your problems All title of the time 2 55. mos4  Someone whose advice you really want  None of the time All of the time 5  57. mos5  Someone whose advice you really want  None of the time All title of the time 2 5 56. mos6  Someone whose advice you really want  None of the time All of the time 5  57. mos5  Someone whose advice you really want  None of the time All title of the time 2  Someone to share your most private worries and fears with None of the time All title of the time All title of the time 2  Someone to share your most private worries and fears with None of the time All title of the time 2  Someone to share your most private worries and fears with All title of the time All title of the time 2  Someone to share your most private worries and fears with None of the time All title of the time 2				A little of the time	2		
All of the time 5  55. mos3 Someone to give you good advice about a crisis None of the time 1 Yes MOS SS  A little of the time 2 Some of the time 3 MOS of the time 5 MOS SS  56. mos4 Someone to confide in or talk to about yourself or your problems All of the time 2 Some of the time 3 MOS SS  A little of the time 5 MOS SS  A little of the time 2 Someone to confide in or talk to about yourself or your problems Most of the time 3 MOS SS  MOS SS MOS SOMEONE of the time 4 MOS SS  57. mos5 Someone whose advice you really want None of the time 5 MOS SS  A little of the time 5 MOS SS  A little of the time 2 Some of the time 2 Some of the time 3 MOS SS  A little of the time 3 MOS SS  A little of the time 5 MOS SS  MOS SS MOS Someone to share your most private worries and fears with None of the time 5 MOS SS  A little of the time 5 MOS				Some of the time	3		
S5. mos3 Someone to give you good advice about a crisis None of the time 2 Some of the time 3 Most of the time 4 All to the time 5 Most of the time 5 Most of the time 2 Some of the time 4 MII of the time 5 Most of the time 2 Some of the time 2 Some of the time 2 Some of the time 3 Most of the time 4 MII of the time 5 Most of the time 2 Some of the time 3 Most of the time 3 Most of the time 4 MII of the time 5 Most of the time 5 Most of the time 4 MII of the time 5 Most of the time 5 Most of the time 5 Most of the time 2 MII of the time 3 Most of the time 4 MII of the time 2 MII of the time 3 Most of the time 4 MII of the time 5 Most of the time 4 MII of the time 5 Most of the time 4 MII of the time 5 Most of the time 4 MII of the time 5 Most of the time 4 MII of the time 5 Most of the time 4 MII of the time 5 Most of the time 4 MII of the time 5 Most of the time 4 MII of the time 5 Most of the time 4 MII of the time 5 Most of the time 4 MII of the time 5 Most of the time 4 MII of the time 5 Most of the time 4 MII of the time 5 Most of the time 4 MII of the time 5 Most of the time 4 MII of the time 5 Most of the time 5 Most of the time 6 Most of the time 7 Most of the time 8 M				Most of the time	4		
A little of the time Some of the time All of the time All of the time 5  56. Mos4 Someone to confide in or talk to about yourself or your problems All of the time All of the time All of the time All of the time Boshed of the time All of the time All of the time Boshed of the time All of the time				All of the time	5		
Some of the time All of the time 5  56. mos4 Someone to confide in or talk to about yourself or your problems All title of the time 5 Some of the time All of the time 5 Some of the time 1 Yes MOS-SS All title of the time 2 Some of the time 3 Most of the time 4 All of the time 5 Some of the time 5 Some of the time 4 All of the time 5 Some of the time 6 All title of the time 7 Some of the time 8 Some of the time 9 Some of the time 1 Yes MOS-SS All title of the time 1 Osome of the time 2 Some of the time 3 Most of the time 4 All title of the time 5 Most of the time 6 Most of the time 7 Some of the time 8 All of the time 8 All of the time 9 Some of the time 1 Yes MOS-SS All title of the time 1 Osome o	55.	mos3	Someone to give you good advice about a crisis	None of the time	1	Yes	MOS-SS
Most of the time All of the time 5  56. mos4 Someone to confide in or talk to about yourself or your problems A little of the time 2 Some of the time 3 Most of the time 57. mos5 Someone whose advice you really want A little of the time A little of the time 5 Some of the time 5 Some of the time 1 Yes MOS-SS A little of the time 2 Some of the time 5 Some of the time 5 Some of the time 6 A little of the time 7 Some of the time 8 Some of the time 9 Some of the time 1 Yes MOS-SS MOS-SS MOS-SS MOS-SS MOS-SS A little of the time 9 Some of the time 1 Yes MOS-SS A little of the time 9 Some of the time 1 Yes MOS-SS MOS-SS A little of the time 9 Some of the time 1 Yes MOS-SS MOS-SS MOS-SS A little of the time 9 Some of the time 1 Yes MOS-SS				A little of the time	2		
56. mos4 Someone to confide in or talk to about yourself or your problems None of the time 1 Yes MOS-SS   A little of the time 2   Some of the time 3   Most of the time 4   All of the time 5    The strength of the time in t				Some of the time	3		
Someone to confide in or talk to about yourself or your problems A little of the time 2 Some of the time All of the time 5 Someone whose advice you really want None of the time A little of the time 2 Some of the time 5 Someone whose advice you really want None of the time 2 A little of the time 2 Some of the time 2 Some of the time 2 Some of the time 3 A little of the time 2 Some of the time 3 Most of the time 4 All of the time 5 Some of the time 5 Some of the time 4 All of the time 5 Some of the time 4 All of the time 5 Some of the time 4 All of the time 5 Some of the time 2 All of the time 3 All of the time 5 Some of the time 2 All of the time 5 Some of the time 2 All of the time 5 Some of the time 2				Most of the time	4		
A little of the time 2 Some of the time 3 Most of the time 4 All of the time 5  57. mos5 Someone whose advice you really want None of the time 2 A little of the time 2 A little of the time 2 A little of the time 2 Some of the time 3 Most of the time 4 All of the time 5  58. mos6 Someone to share your most private worries and fears with None of the time 2 A little of the time 3 A little of the time 5  59. Most of the time 1 A little of the time 2 All of the time 2 All of the time 2				All of the time	5		
Some of the time Most of the time All of the time 57. mos5 Someone whose advice you really want None of the time 2 Some of the time 3 All title of the time 2 Some of the time 3 Most of the time 3 Most of the time 4 All of the time 5  58. mos6 Someone to share your most private worries and fears with None of the time 2 All title of the time 5  All title of the time 5  58. Mos6 Someone to share your most private worries and fears with None of the time 2 All title of the time 5	56.	mos4	Someone to confide in or talk to about yourself or your problems	None of the time	1	Yes	MOS-SS
Most of the time All of the time 5  57. mos5 Someone whose advice you really want None of the time 2 Some of the time 3 Some of the time 3 Most of the time 4 All of the time 5  58. mos6 Someone to share your most private worries and fears with All tittle of the time 2 All of the time 5  None of the time 5  None of the time 2 All of the time 5  None of the time 2 All of the time 5				A little of the time	2		
All of the time 5  57. mos5 Someone whose advice you really want None of the time 1 Yes MOS-SS  A little of the time 2 Some of the time 3 Most of the time 4 Most of the time 5  All of the time 5 Someone to share your most private worries and fears with None of the time 2 MOS-SS  A little of the time 5 Someone to share your most private worries and fears with None of the time 2 MOS-SS				Some of the time	3		
Someone whose advice you really want  None of the time 1 2 Some of the time 3 Most of the time 4 All of the time 5  Someone to share your most private worries and fears with None of the time 1 Yes MOS-SS  MOS-SS  A little of the time 2 All of the time 5  All title of the time 1 Yes MOS-SS  MOS-SS				Most of the time	4		
A little of the time 2 Some of the time 3 Most of the time 4 All of the time 5  Someone to share your most private worries and fears with None of the time 4 little of the time 5  All of the time 2 All of the time 5				All of the time	5		
Some of the time Most of the time All of the time 5  Someone to share your most private worries and fears with None of the time A little of the time 2	57.	mos5	Someone whose advice you really want	None of the time	1	Yes	MOS-SS
Most of the time All of the time 5  Someone to share your most private worries and fears with None of the time 1 Yes MOS-SS A little of the time 2				A little of the time	2		
All of the time 5  58. mos6 Someone to share your most private worries and fears with None of the time 1 Yes MOS-SS A little of the time 2				Some of the time	3		
58. mos6 Someone to share your most private worries and fears with None of the time 1 Yes MOS-SS A little of the time 2				Most of the time	4		
A little of the time 2				All of the time	5		
	58.	mos6	Someone to share your most private worries and fears with	None of the time	1	Yes	MOS-SS
Some of the time 3				A little of the time	2		
				Some of the time	3		

						Last apaatea. 13/00/202
			Most of the time	4		
			All of the time	5		
59.	mos7	Someone to turn to for suggestions about how to deal with a personal	None of the time	1	Yes	MOS-SS
		problem	A little of the time	2		
			Some of the time	3		
			Most of the time	4		
			All of the time	5		
60.	mos8	Someone who understands your problems	None of the time	1	Yes	MOS-SS
			A little of the time	2		
			Some of the time	3		
			Most of the time	4		
			All of the time	5		
61.		These questions ask about how you are <b>today.</b> For each question,	Start CHU-9D	n/a		CHU-9D
		read all the choices and decide which one is most like you <b>today</b> . Then select the appropriate response.				
		select the appropriate response.				
62.	chu1	Worried	I don't feel worried today	1	Yes	CHU-9D
			I feel a little bit worried today	2		
			I feel a bit worried today	3		
			I feel quite worried today	4		
			I feel very worried today	5		
63.	chu2	Sad	I don't feel sad today	1	Yes	CHU-9D
			I feel a little bit sad today	2		
			I feel a bit sad today	3		
			I feel quite sad today	4		
			I feel very sad today	5		
64.	chu3	Pain	I don't have any pain today	1	Yes	CHU-9D
			I have a little bit of pain today	2		
			I have a bit of pain today	3		
			I have quite a lot of pain today	4		
			I have a lot of pain today	5		
65.	chu4	Tired	I don't feel tired today	1	Yes	CHU-9D
			I feel a little bit tired today	2		
			I feel a bit tired today	3		
			I feel quite tired today	4		
			I feel very tired today	5		
66.	chu5	Annoyed	I don't feel annoyed today	1	Yes	CHU-9D
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							Last apaatea: 15/00/202
			I feel a little bit annoyed today	2			
			I feel a bit annoyed today	3			
			I feel quite annoyed today	4			
			I feel very annoyed today	5			
67.	chu6	Work/study (such as reading, writing, doing assignments)	I have no problems with my work/study today	1		Yes	CHU-9D
			I have a few problems with my work/study today	2			
			I have some problems with my work/study today	3			
			I have many problems with my work/study today	4			
			I can't do my work/study today	5			
68.	chu7	Sleep	Last night I had no problems sleeping	1		Yes	CHU-9D
			Last night I had a few problems sleeping	2			
			Last night I had some problems sleeping	3			
			Last night I had many problems sleeping	4			
			Last night I couldn't sleep at all	5			
69.	chu8	Daily Routine (things like eating, having a bath/shower, getting	I have no problems with my daily routine today	1		Yes	CHU-9D
		dressed)	I have a few problems with my daily routine today	2			
			I have some problems with my daily routine today	3			
			I have many problems with my daily routine today	4			
			I can't do my daily routine today	5			
70.	chu9	Able to join in activities (things like playing out with your friends,	I can join in with any activities today	1		Yes	CHU-9D
		doing sports, joining in things)	I can join in with most activities today	2			
			I can join in with some activities today	3			
			I can join in with a few activities today	4			
			I can join in with no activities today	5			
71.		You are over half-way through now! Thanks so much.	Encouraging statement 2				Monash
		The next few questions are about any help you have recently received					
		for your mental health. Keep going! Nearly there!					
<b>72</b> .		Please read the following questions carefully, select the appropriate	Start RUQ	n/a			Deakin RUQ
		boxes and answer the questions when indicated. If you are unsure, it's					
		okay to provide your best guess according to what you know.					
73.	gp	In the <i>past two weeks</i> , have you seen a General Practitioner	No	0	Skip to #78 if = 0	Yes	Deakin RUQ
		(Doctor/GP) because of your mental health?	Yes	1			
74.	gpnum	In the <i>past two weeks</i> , how many times did you see a General	Number field		Whole numbers only, 1-14	Yes	Deakin RUQ
	0,	Practitioner (Doctor/GP) because of your mental health?					•
75.	gploc	Where did you see the General Practitioner (Doctor/GP)?	Health professional's room or other private practice	0		Yes	Deakin RUQ
		,	,			-	,

							Last updated: 15/06/202
			At school	1			
			Hospital outpatient clinic	2			
			At a drug or alcohol service	3			
			At your home (someone visited you at home)	4			
			Telehealth (video-conference, telephone etc.)	5			
			Not sure	6			
76.	gppay	Did you or your parents pay each time you used this service?	No	0	Skip to #78 if = 0 or 2	Yes	Deakin RUQ
			Yes	1			
			Don't know	2			
77.	gpoop	On average, how much of your own or your parent's money did you	\$		Whole numbers only, 1-999	Yes	Deakin RUQ
		pay each time you saw a General Practitioner (Doctor/GP)?	Don't know				
78.	paed	In the <i>past two weeks</i> , have you seen a paediatrician because of your	No	0	Skip to #83 if = 0	Yes	Deakin RUQ
		mental health?	Yes	1			
79.	paednum	In the <i>past two weeks</i> , how many times did you see a paediatrician because of your mental health?	Number field		Whole numbers only, 1-14	Yes	Deakin RUQ
80.	paedloc	Where did you see the paediatrician?	Health professional's room or other private practice	0		Yes	Deakin RUQ
			At school	1			
			Hospital outpatient clinic	2			
			At a drug or alcohol service	3			
			At your home (someone visited you at home)	4			
			Telehealth (video-conference, telephone etc.)	5			
			Not sure	6			
81.	paedpay	Did you or your parents pay each time your used this service?	No	0	Skip to #83 if = 0 or 2	Yes	Deakin RUQ
			Yes	1			
			Don't know	2			
82.	paedoop	On average, how much of your own or your parent's money did you	\$		Whole numbers only, 1-999	Yes	Deakin RUQ
		pay each time you saw a paediatrician?	Don't know				
83.	psychol	In the <i>past two weeks</i> , have you seen a psychologist because of your	No	0	Skip to #88 if = 0	Yes	Deakin RUQ
		mental health?	Yes	1			
84.	psycholnum	In the <i>past two weeks</i> , how many times did you see a psychologist because of your mental health?	Number field		Whole numbers only, 1-14	Yes	Deakin RUQ
85.	psycholloc	Where did you see the psychologist?	Health professional's room or other private practice	0		Yes	Deakin RUQ

							Last updated: 15/06/202
			At school	1			
			Hospital outpatient clinic	2			
			At a drug or alcohol service	3			
			At your home (someone visited you at home)	4			
			Telehealth (video-conference, telephone etc.)	5			
			Not sure	6			
86.	psycholpay	Did you or your parents pay each time you used this service?	No	0	Skip to #88 if = 0 or 2	Yes	Deakin RUQ
			Yes	1			
			Don't know	2			
87.	psycholoop	On average, how much of your own or your parent's money did you	\$		Whole numbers only, 1-999	Yes	Deakin RUQ
		pay each time you saw a psychologist?	Don't know				
88.	psych	In the <i>past two weeks</i> , have you seen a psychiatrist because of your	No	0	Skip to #93 if = 0	Yes	Deakin RUQ
		mental health?	Yes	1			
89.	psychnum	In the <i>past two weeks</i> , how many times did you see a psychiatrist because of your mental health?	Number field		Whole numbers only, 1-14	Yes	Deakin RUQ
90.	psychloc	Where did you see the psychiatrist?	Health professional's room or other private practice	0		Yes	Deakin RUQ
			At school	1			
			Hospital outpatient clinic	2			
			At a drug or alcohol service	3			
			At your home (someone visited you at home)	4			
			Telehealth (video-conference, telephone etc.)	5			
			Not sure	6			
91.	psychpay	Did you or your parents pay each time you used this service?	No	0	Skip to #93 if = 0 or 2	Yes	Deakin RUQ
			Yes	1			
			Don't know	2			
92.	psychoop	On average, how much of your own or your parent's money did you	\$		Whole numbers only, 1-999	Yes	Deakin RUQ
		pay each time you saw a psychiatrist?	Don't know				
93.	casem	In the <i>past two weeks</i> , have you seen a case manager because of your	No	0	Skip to #98 if = 0	Yes	Deakin RUQ
		mental health?	Yes	1			
94.	casemnum	In the <i>past two weeks</i> , how many times did you see a case manager because of your mental health?	Number field		Whole numbers only, 1-14	Yes	Deakin RUQ
95.	casemloc	Where did you see the case manager?	Health professional's room or other private practice	0		Yes	Deakin RUQ

							Last updated: 15/06/202
			At school	1			
			Hospital outpatient clinic	2			
			At a drug or alcohol service	3			
			At your home (someone visited you at home)	4			
			Telehealth (video-conference, telephone etc.)	5			
			Not sure	6			
96.	casempay	Did you or your parents pay each time you used this service?	No	0	Skip to #98 if = 0 or 2	Yes	Deakin RUQ
			Yes	1			
			Don't know	2			
97.	casemoop	On average, how much of your own or your parent's money did you	\$		Whole numbers only, 1-999	Yes	Deakin RUQ
		pay each time you saw a case manager?	Don't know				
98.	couns	In the past two weeks, have you seen a counsellor because of your	No	0	Skip to #103 if = 0	Yes	Deakin RUQ
		mental health?	Yes	1			
99.	counsnum	In the <i>past two weeks</i> , how many times did you see a counsellor because of your mental health?	Number field		Whole numbers only, 1-14	Yes	Deakin RUQ
100.	counsloc	Where did you see the counsellor?	Health professional's room or other private practice	0		Yes	Deakin RUQ
			At school	1			
			Hospital outpatient clinic	2			
			At a drug or alcohol service	3			
			At your home (someone visited you at home)	4			
			Telehealth (video-conference, telephone etc.)	5			
			Not sure	6			
101.	counspay	Did you or your parents pay each time you used this service?	No	0	Skip to #103 if = 0 or 2	Yes	Deakin RUQ
			Yes	1			
			Don't know	2			
102.	counsoop	On average, how much of your own or your parent's money did you	\$		Whole numbers only, 1-999	Yes	Deakin RUQ
		pay each time you saw a counsellor?	Don't know				
103.	nurse	In the <i>past two weeks</i> , have you seen a nurse because of your mental	No	0	Skip to #108 if = 0	Yes	Deakin RUQ
		health?	Yes	1			
104.	nursenum	In the <i>past two weeks</i> , how many times did you see a nurse because of your mental health?	Number field		Whole numbers only, 1-14	Yes	Deakin RUQ
105.	nurseloc	Where did you see the nurse?	Health professional's room or other private practice	0		Yes	Deakin RUQ

							Last upuateu. 13/00/202
			At school	1			
			Hospital outpatient clinic	2			
			At a drug or alcohol service	3			
			At your home (someone visited you at home)	4			
			Telehealth (video-conference, telephone etc.)	5			
			Not sure	6			
106.	nursepay	Did you or your parents pay each time you used this service?	No	0	Skip to #108 if = 0 or 2	Yes	Deakin RUQ
			Yes	1			
			Don't know	2			
107.	nurseoop	On average, how much of your own or your parent's money did you	\$		Whole numbers only, 1-999	Yes	Deakin RUQ
		pay each time you saw a nurse?	Don't know		,,		
100	cocial	In the meet two weeks have you seen a social worker because of your		0	Chin to #112 if = 0	Voc	Deakin RUQ
108.	social	In the <i>past two weeks</i> , have you seen a social worker because of your mental health?	No	0	Skip to #113 if = 0	Yes	Deakin ROQ
			Yes	1			
109.	socialnum	In the <i>past two weeks</i> , how many times did you see a social worker because of your mental health?	Number field		Whole numbers only, 1-14	Yes	Deakin RUQ
110.	socialloc	Where did you see the social worker?	Health professional's room or other private practice	0		Yes	Deakin RUQ
			At school	1			
			Hospital outpatient clinic	2			
			At a drug or alcohol service	3			
			At your home (someone visited you at home)	4			
			Telehealth (video-conference, telephone etc.)	5			
			Not sure	6			
111.	socialpay	Did you or your parents pay each time you used this service?	No	0	Skip to #113 if = 0 or 2	Yes	Deakin RUQ
			Yes	1			
			Don't know	2			
112.	socialoop	On average, how much of your own or your parent's money did you	\$		Whole numbers only, 1-999	Yes	Deakin RUQ
	·	pay each time you saw a social worker?	Don't know		,,		
445					SI		D. 11 DUO
113.	welfare	In the <i>past two weeks</i> , have you seen a welfare officer because of your mental health?	No	0	Skip to #118 if = 0	Yes	Deakin RUQ
		,	Yes	1			
114.	welfarenum	In the <i>past two weeks</i> , how many times did you see a welfare officer because of your mental health?	Number field		Whole numbers only, 1-14	Yes	Deakin RUQ
115.	welfareloc	Where did you see the welfare officer?	Health professional's room or other private practice	0		Yes	Deakin RUQ

							Last upuateu. 13/00/202
			At school	1			
			Hospital outpatient clinic	2			
			At a drug or alcohol service	3			
			At your home (someone visited you at home)	4			
			Telehealth (video-conference, telephone etc.)	5			
			Not sure	6			
116.	welfarepay	Did you or your parents pay each time you used this service?	No	0	Skip to #118 if = 0 or 2	Yes	Deakin RUQ
			Yes	1			
			Don't know	2			
117.	welfareoop	On average, how much of your own or your parent's money did you	\$		Whole numbers only, 1-999	Yes	Deakin RUQ
		pay each time you saw a welfare officer?	Don't know				
118.	ot	In the <i>past two weeks</i> , have you seen an occupational therapist	No	0	Skip to #123 if = 0	Yes	Deakin RUQ
		because of your mental health?	Yes	1			
119.	otnum	In the <i>past two weeks</i> , how many times did you see an occupational	Number field		Whole numbers only, 1-14	Yes	Deakin RUQ
		therapist because of your mental health?					
120.	otloc	Where did you see the occupational therapist?	Health professional's room or other private practice	0		Yes	Deakin RUQ
			At school	1			
			Hospital outpatient clinic	2			
			At a drug or alcohol service	3			
			At your home (someone visited you at home)	4			
			Telehealth (video-conference, telephone etc.)	5			
			Not sure	6			
121.	otpay	Did you or your parents pay each time you used this service?	No	0	Skip to #123 if = 0 or 2	Yes	Deakin RUQ
			Yes	1			
			Don't know	2			
122.	otoop	On average, how much of your own or your parent's money did you	\$		Whole numbers only, 1-999	Yes	Deakin RUQ
		pay each time you saw an occupational therapist?	Don't know				
123.	hp1	In the <i>past two weeks</i> , have you seen any other health professional	No	0	Skip to #141 if = 0	Yes	Deakin RUQ
		because of your mental health?	Yes	1			
124.	hp1desc	In the <i>past two weeks</i> , what other health professional did you see because of your mental health?	Free text			Yes	
		because of your mental health:					

125.	hp1num	In the <i>past four weeks</i> , how many times did you see this health professional because of your mental health?	Number field		Whole numbers only, 1-14	Yes	Deakin RUQ
126.	hp1loc	Where did you see this health professional?	At school  Hospital outpatient clinic  At a drug or alcohol service  At your home (someone visited you at home)  Telehealth (video-conference, telephone etc.)	0 1 2 3 4 5		Yes	Deakin RUQ
127.	hp1pay	Did you or your parents pay each time you used this service?	Yes	0 1 2	Skip to #129 if = 0 or 2	Yes	Deakin RUQ
128.	hp1oop	On average, how much of your own or your parent's money did you pay each time you saw this health professional?	\$ Don't know		Whole numbers only, 1-999	Yes	Deakin RUQ
129.	hp2	In the <i>past two weeks</i> , have you seen any other health professional because of your mental health?		0	Skip to #141 if = 0	Yes	Deakin RUQ
130.	hp2desc	In the <i>past two weeks</i> , what other health professional did you see because of your mental health?	Free text			Yes	
131.	hp2num	In the <i>past two weeks</i> , how many times did you see this health professional because of your mental health?	Number field		Whole numbers only, 1-14	Yes	Deakin RUQ
132.	hp2loc	Where did you see this health professional?	Hospital outpatient clinic  At a drug or alcohol service  At your home (someone visited you at home)  Telehealth (video-conference, telephone etc.)	0 1 2 3 4 5		Yes	Deakin RUQ
133.	hp2pay	Did you or your parents pay each time you used this service?	Yes	0 1 2	Skip to #135 if = 0 or 2	Yes	Deakin RUQ
134.	hp2oop	On average, how much of your own or your parent's money did you pay each time you saw this health professional?	\$ Don't know		Whole numbers only, 1-999	Yes	Deakin RUQ

135.	hp3	In the <i>past two weeks</i> , have you seen any other health professional	No	0	Skip to #141 if = 0	Yes	Deakin RUQ
		because of your mental health?	Yes	1			
136.	hp3desc	In the <i>past two weeks</i> , what other health professional did you see because of your mental health?	Free text			Yes	
137.	hp3num	In the <i>past two weeks</i> , how many times did you see this health professional because of your mental health?	Number field		Whole numbers only, 1-14	Yes	Deakin RUQ
138.	hp3loc	Where did you see this health professional?	Health professional's room or other private practice	0		Yes	Deakin RUQ
			At school	1			
			Hospital outpatient clinic	2			
			At a drug or alcohol service	3			
			At your home (someone visited you at home)	4			
			Telehealth (video-conference, telephone etc.)	5			
			Not sure	6			
139.	hp3pay	Did you or your parents pay each time you used this service?	No	0	Skip to #141 if = 0 or 2	Yes	Deakin RUQ
			Yes	1			
			Don't know	2			
140.	hp3oop	On average, how much of your own or your parent's money did you	\$		Whole numbers only, 1-999	Yes	Deakin RUQ
		pay each time you saw this health professional?	Don't know				
141.	ed	In the <i>past two weeks</i> , have you attended a hospital emergency	No	0	Skip to #145 if = 0	Yes	Deakin RUQ
		department or casualty ward for your mental health?	Yes	1			
142.	ednum	In the <i>past two weeks</i> , how many times have you attended a hospital emergency department or casualty ward for your mental health?	Number field		Whole numbers only, not zero	Yes	Deakin RUQ
143.	edpay	Did you or your parents pay each time you used this service?	No	0	Skip to #145 if = 0 or 2	Yes	Deakin RUQ
			Yes	1			
			Don't know	2			
144.	edoop	On average, how much of your own money did you pay each time you	\$		Whole numbers only, not	Yes	Deakin RUQ
		attended a hospital emergency department or casualty ward?	Don't know		zero		
145.	med	Do you currently take any medications for emotional or behavioural	No	0	Skip to #164 if = 0	Yes	Deakin RUQ
		concerns during the <i>last two weeks</i> ?	Yes	1			
146.	medsleep	Have you taken any prescribed sleeping tablets or capsules in the <i>last</i>	No	0	Skip to #149 if=0 or 2	Yes	Deakin RUQ
		two weeks?	Yes	1			
			Don't know	2			
147.	medsleepdose	What is the dosage per day?	Once a day	0		Yes	Deakin RUQ

Marco function product   More long time you been taking me marcine during the fast their workship from the fast functions and products of the position of the fast functions and products of the position for moved in the fast functions and products of the fast				Two times per day	1			
148.   148.   149.					2			
148		medsleepdose txt						
149.   Move five five gaz per your heart estimates.   Don't leave weeks? Piesas gaz per your heart estimates.   No								
199.   Pedian   Ped	148.	medsleepmonth				Whole numbers only, 1-14	Yes	Deakin RUQ
Part			weeks. Freuse give your best estimate.	Don't know				
150	149.	medanx		No	0	Skip to #152 if=0 or 2	Yes	Deakin RUQ
150.   medianidose   What is the dosage per day?   Once a day   1   1   1   1   1   1   1   1   1			nerves in the <i>last two weeks</i> ?	Yes	1			
Two times per day   1				Don't know	2			
Three times per day 07 medanadose_txt     Three times per day 08 medanad	150.	medanxdose	What is the dosage per day?	Once a day	0		Yes	Deakin RUQ
Three times per day 7				Two times per day	1			
The process specify					2			
151.   medianxmorth   How long have you been taking the medicine during the fast two weeks? Picase give your best estimate.   Mo		medanxdose txt						
Marker   M	454					M/h a la munahama ambu 1 1 1	Vac	Dankin DUO
152.   meditranq   Have you taken any prescribed tranquillisers in the fost two weeks?   No   Yes   Deakin RUQ	151.	medanxmontn				whole numbers only, 1-14	Yes	Deakin RUQ
Yes   Don't know   2			<u> </u>	Don't know				
Don't know   2	152.	medtranq	Have you taken any prescribed tranquillisers in the <i>last two weeks</i> ?	No	0	Skip to #155 if=0 or 2	Yes	Deakin RUQ
153. meditrangdose   What is the dosage per day?   Once a day   Two times per day   1   Three times per day   2   Other, please specify   3				Yes	1			
Two times per day Three times per day Three times per day Three times per day Other, please specify				Don't know	2			
Three times per day  Other, please specify	153.	medtranqdose	What is the dosage per day?	Once a day	0		Yes	Deakin RUQ
Three times per day  Other, please specify				Two times per day	1			
Meditangdose_btt   Mode numbers only, 1-14   Mode numbers only, 1-14   Yes   Deakin RUQ					2			
154.   medtranqmonth   How long have you been taking the medicine during the last two weeks? Please give your best estimate.   Don't know     155.   medanti   Have you taken any prescribed antidepressants in the last two weeks?   No   0   Skip to #158 if=0 or 2   Yes   Deakin RUQ     Yes   1		medtrangdose txt			3			
Make	154		How long have you been taking the modified during the last two			Mhala numbara anlu 1 14	Voc	Dookin DLIO
155. medanti Have you taken any prescribed antidepressants in the last two weeks? No 0 Skip to #158 if=0 or 2 Yes Deakin RUQ Yes 1 Don't know 2  156. medantidose What is the dosage per day? Once a day 0 Yes Deakin RUQ Two times per day 1 Three times per day 2 medantidose_txt Other, please specify 3  157. medantimonth How long have you been taking the medicine during the last two weeks? Please give your best estimate. Don't know  158. medmood Have you taken any prescribed mood stabilisers in the last two weeks? Yes Deakin RUQ Yes 1  No 0 Skip to #161 if=0 or 2 Yes Deakin RUQ Yes Deakin RUQ Yes Deakin RUQ Yes Deakin RUQ	154.	meatranqmontn				whole numbers only, 1-14	Yes	Deakin RUQ
Yes Don't know 2  156. medantidose What is the dosage per day? Once a day Two times per day 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1				Don't know				
Don't know 2  156. medantidose What is the dosage per day? Once a day 0 0 Yes Deakin RUQ Two times per day 1 Three times per day 2 Other, please specify 3  157. medantimonth How long have you been taking the medicine during the last two weeks? Please give your best estimate.  Modern Have you taken any prescribed mood stabilisers in the last two weeks? Please give? Other, please specify 1 Don't know No 0 Skip to #161 if=0 or 2 Yes Deakin RUQ Yes 1	155.	medanti	Have you taken any prescribed antidepressants in the <i>last two weeks</i> ?	No	0	Skip to #158 if=0 or 2	Yes	Deakin RUQ
156. medantidose What is the dosage per day?  Once a day Two times per day Three times per day Three times per day Other, please specify Other, please specify Other, please specify Don't know  157. medantimonth How long have you been taking the medicine during the last two weeks? Please give your best estimate.  No Yes Deakin RUQ Whole numbers only, 1-14 Yes Deakin RUQ  Whole numbers only, 1-14 Yes Deakin RUQ  Once a day Three times per day Don't know  No Don't know Don't know  No Yes 1				Yes	1			
Two times per day Three ti				Don't know	2			
Three times per day Other, please specify	156.	medantidose	What is the dosage per day?	Once a day	0		Yes	Deakin RUQ
medantidose_txt  Medantimonth  How long have you been taking the medicine during the last two weeks? Please give your best estimate.  Deakin RUQ  Moderation the last two weeks? Please give your best estimate.  Moderation the last two weeks? Please give your best estimate.  No Yes  No Yes  1				Two times per day	1			
157. medantimonth How long have you been taking the medicine during the <i>last two weeks</i> ? Please give your best estimate.  158. medmood Have you taken any prescribed mood stabilisers in the <i>last two weeks</i> ?  Yes Deakin RUQ  No Yes Deakin RUQ  Yes Deakin RUQ  Yes Deakin RUQ  Yes Deakin RUQ				Three times per day	2			
157. medantimonth How long have you been taking the medicine during the <i>last two weeks</i> ? Please give your best estimate.  158. medmood Have you taken any prescribed mood stabilisers in the <i>last two weeks</i> ?  Yes Deakin RUQ  O Skip to #161 if=0 or 2 Yes Deakin RUQ  Yes Deakin RUQ  Yes Deakin RUQ		medantidose_txt			3			
weeks? Please give your best estimate.  Don't know  158. medmood Have you taken any prescribed mood stabilisers in the last two weeks?  Yes  Don't know  1 Skip to #161 if=0 or 2 Yes Deakin RUQ  Weeks 1	157		How long have you been taking the modicine during the last two			Whole numbers only 1 14	Voc	Deakin RUO
158. medmood Have you taken any prescribed mood stabilisers in the <i>last two</i> Weeks?  Yes  Deakin RUQ  1	13/.	medantimonth				whole numbers only, 1-14	165	DEGKIII NUQ
weeks? Yes			- · ·	DOIL EKHOW				
Yes 1	158.	medmood		No	0	Skip to #161 if=0 or 2	Yes	Deakin RUQ
Don't know 2			weeks:	Yes	1			
				Don't know	2			

159.	medmooddose	What is the dosage per day?	Once a day Two times per day	0		Yes	Deakin RUQ
			Three times per day	2			
	medmooddose_txt		Other, please specify	3			
160.	medmoodmonth	How long have you been taking the medicine during the <i>last two</i> weeks? Please give your best estimate.	days		Whole numbers only, 1-14	Yes	Deakin RUQ
161.	medother medother_txt	Have you taken any other prescribed medications for your mental health in the <i>last two weeks</i> ? Please specify	No Yes Don't know	0 1 2	Skip to #168 if=0 or 2 unless #145=1 and #146 #149 #152 #155 #158 #161 all=0 then skip to #164	Yes	Deakin RUQ
162.	medotherdose_txt	What is the dosage per day?	Once a day Two times per day Three times per day Other, please specify	0 1 2 3		Yes	Deakin RUQ
163.	medothermonth	How long have you been taking the medicine during the <i>last two</i> weeks? Please give your best estimate.	days Don't know		Whole numbers only, 1-14	Yes	Deakin RUQ
164.	medvalidate	You have indicated that you are currently (during the last two weeks) taking medications for emotional or behavioural concerns. However, you have not indicated what medications you are taking. Can you please confirm if you are currently (during the last two weeks) taking any medications for emotional or behavioural concerns?	Yes No	0	Skip to #168 if 1	Yes	Deakin RUQ
165.	medother2_txt	Please specify the name/s of any other prescribed medications.	Text field			Yes	Deakin RUQ
166.	medotherdose2 medotherdose2_txt	What is the dosage per day	Once a day Two times per day Three times per day Other, please specify	0 1 2 3		Yes	Deakin RUQ
167.	medothermonth2	How long have you been taking the medicine during the <i>last two</i> weeks? Please give your best estimate.	days Don't know		Whole numbers only, 1-14	Yes	Deakin RUQ
168.	hospital	Have you been admitted to a hospital because of mental health at least overnight in the <i>last two weeks</i> ?	No Yes	0	Skip to #170 if = 0	Yes	Deakin RUQ
169.	hospitalnum	In the <i>last two weeks,</i> how many nights in total did you spend in hospital for your mental health?	Number field Don't know		Whole numbers only, 1-14	Yes	Deakin RUQ
170.	resident resident_txt	In the <i>last two weeks</i> , have you stayed at least overnight somewhere else for your mental health? Please specify	No Yes	0	Skip to #172 if = 0	Yes	Deakin RUQ
171.	residentnum	In the <i>last two weeks</i> , how many nights in total did you stay in the facility for your mental health?	Number field Don't know		Whole numbers only, 1-14	Yes	Deakin RUQ

172.	school_txt	How many days (approximately) have you missed school because of your mental health in the <i>last two weeks</i> ? Excluding school holidays.	Never missed school  Missed days  Missed entire month or more  Don't know	0 1 2 3	Whole numbers only, 1-14 Yes	Deakin RUQ
173.		Thank you for taking part in this study.  If you feel upset by any of the questions please speak to a trusted person such as the teacher in your class right now, another teacher, a parent or someone at the services listed below.  Kids Helpline  24-hour Freecall telephone counselling for young people under 18 years  Ph: 1800 551 800 Website: kidshelp.com.au  Lifeline  A 24-hour Freecall telephone counselling service for all ages  Ph: 13 11 14 Website: lifeline.org.au  Headspace  For information, resources and services for youth mental health  Website: headspace.org.au  ReachOut  Online mental health service for young people going through 'tough times'  Website: reachout.com.au	"Finish" button		Include clickable links	Monash