MERMS Trial Schedule Appendix 2

Table 1. Schedule of enrolment, interventions, and assessments

| | | STUDY PERIOD | | | | | | | | |
|---------------|---|--------------------------------------|---|------|------|------|---------|-------|---------------------------------|------|
| | | Enrolment Allocation Post allocation | | | | | | | Post full- time splinting | |
| | TIMEPOINT** | -t ₁ | 0 | 1/52 | 3/52 | 5/52 | 8/52 | 10/52 | 22/52 | 2/52 |
| ENROLMENT | Eligibility screen | Х | | | | | | | | |
| | Informed consent | X | | | | | | | | |
| | Allocation | | X | | | | | | | |
| INTERVENTIONS | DIPJ Splint | | + | | | | | ••• | | |
| | DIPJ splint + RMS | | + | | | | | + | | |
| | Skin/splint check | | Х | Х | Х | Х | Х | Х | | |
| ASSESSMENTS | AROM contralateral (TAM, PIPJ, DIPJ) | Х | | | | | | | | |
| | AROM affected (TAM, PIPJ, DIPJ) | Х | | | | | | | Х | Х |
| | Patient Splint Satisfaction | | | | | | | | х | Х |
| | Splint Compliance | | | | | | | Х | | |
| | PROM (PRWHE) | | | | | | | | х | Х |
| | DIPJ extensor lag | Х | Х | | | | Х | Х | Х | Х |
| | Patient photographs | | | | | | | | Х | X |