

Monash University Human Research Ethics Committee
Approval Certificate

This is to certify that the project below was considered by the Monash University Human Research Ethics Committee. The Committee was satisfied that the proposal meets the requirements of the *National Statement on Ethical Conduct in Human Research* and has granted approval.

Project ID: 29686
Project Title: A study to better understand the causes and consequences of comorbid insomnia and obstructive sleep apnea (Project COMISA)
Chief Investigator: Professor Sean Drummond
Approval Date: 08/12/2021
Expiry Date: 08/12/2026

Terms of approval - failure to comply with the terms below is in breach of your approval and the *Australian Code for the Responsible Conduct of Research*.

1. The Chief Investigator is responsible for ensuring that permission letters are obtained, if relevant, before any data collection can occur at the specified organisation.
2. Approval is only valid whilst you hold a position at Monash University.
3. It is responsibility of the Chief Investigator to ensure that all investigators are aware of the terms of approval and to ensure the project is conducted as approved by MUHREC.
4. You should notify MUHREC immediately of any serious or unexpected adverse effects on participants or unforeseen events affecting the ethical acceptability of the project.
5. The Explanatory Statement must be on Monash letterhead and the Monash University complaints clause must include your project number.
6. Amendments to approved projects including changes to personnel must not commence without written approval from MUHREC.
7. Annual Report - continued approval of this project is dependent on the submission of an Annual Report.
8. Final Report - should be provided at the conclusion of the project. MUHREC should be notified if the project is discontinued before the expected completion date.
9. Monitoring - project may be subject to an audit or any other form of monitoring by MUHREC at any time.
10. Retention and storage of data - The Chief Investigator is responsible for the storage and retention of the original data pertaining to the project for a minimum period of five years.

Kind Regards,

Professor Nip Thomson

Chair, MUHREC

CC: Mr Elliot Brooker, Ms Vivien Vuong, Dr Simon Joosten, Assoc Professor Brad Edwards, Dr Alix Mellor, Dr Shane Landry

List of approved documents:

Document Type	File Name	Date	Version
Supporting Documentation	COMISA_Posters_V1_General	29/10/2021	1
Supporting Documentation	COMISA_Brochure_V1_General	29/10/2021	1
Consent Form	COMISA_Consent_Form	29/10/2021	1
Questionnaires / Surveys	COVID Screening Questionnaire	02/11/2021	1
Psychological inventories	COMISA SLEEP DIARY BLANK_12wk	02/11/2021	1
Psychological inventories	COMISA ISI Final	02/11/2021	1
Psychological inventories	COMISA_ESS	02/11/2021	1
Psychological inventories	COMISA_SHI	02/11/2021	1
Psychological inventories	COMISA_FIRST	02/11/2021	1
Psychological inventories	COMISA_PSAS	02/11/2021	1
Psychological inventories	COMISA_PROMIS_SRI	02/11/2021	1
Psychological inventories	COMISA_DBAS	02/11/2021	1
Psychological inventories	MCTQ_full_COMISA	02/11/2021	1

Psychological inventories	FFS_COMISA	02/11/2021	1
Psychological inventories	COMISA_PHQ-9	02/11/2021	1
Psychological inventories	COMISA_PROMIS_Anxiety_8a	02/11/2021	1
Psychological inventories	COMISA_Life_Events_Checklist	02/11/2021	1
Psychological inventories	PCL-5_COMISA	02/11/2021	1
Psychological inventories	COMISA_AUDIT C	02/11/2021	1
Psychological inventories	DUDIT_COMISA	02/11/2021	1
Psychological inventories	PROMIS_Satisfaction_with_Social_Roles_Activities_8a	02/11/2021	1
Psychological inventories	WEMWBS_COMISA	02/11/2021	1
Psychological inventories	BC-CCI_COMISA	02/11/2021	1
Psychological inventories	CFQ_COMISA	02/11/2021	1
Psychological inventories	BSCS_COMISA	02/11/2021	1
Psychological inventories	IUS-SF_COMISA	02/11/2021	1
Psychological inventories	CEQ_COMISA	02/11/2021	1
Psychological inventories	Side Effects Inventory_COMISA	02/11/2021	1
Psychological inventories	Client Satisfaction Questionnaire_C&P	02/11/2021	1
Supporting Documentation	COMISA SCID5	03/11/2021	1
Supporting Documentation	SCISD-R 5	03/11/2021	1
Questionnaires / Surveys	COMISA PI&C - Demographic & Screening Questionnaire	05/11/2021	1
Psychological inventories	COMISA CAF Adherence Checklist CBTI	05/11/2021	1
Supporting Documentation	COMISA PI&C - Health Interview	05/11/2021	1
Psychological inventories	STOP-BANG COMISA	05/11/2021	1
Questionnaires / Surveys	COMISA - Pre-screen Questionnaire Survey	05/11/2021	1
Psychological inventories	Snoring Relationship Questionnaire	05/11/2021	1
Supporting Documentation	COMISA Consent release of information	05/11/2021	1
Explanatory Statement	COMISA_Explanatory_Statement	05/11/2021	1
Supporting Documentation	COMISA_Poster_V2_General	22/11/2021	2
Supporting Documentation	COMISA_Brochure_V2_General	22/11/2021	2
Supporting Documentation	COMISA Consent release of information_Updated	25/11/2021	2
Explanatory Statement	COMISA_Explanatory_Statement_Updated	26/11/2021	2