

PROJECT TITLE:	Upper limb resistance exercise biomechanics in older adults
RESEARCHERS:	Miss Jacqueline Pengelly, Dr Mathew O'Grady, Dr Scott Talpey, Dr Ryan Worn, Mr Riley Howard, Mr Nathan Holland

Code number allocated to the participant:	
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Consent – Please complete the following information:

I _____ (name) of
 _____ (address) and
 _____ (phone) hereby consent to participate as a subject in the above research study.

The research program in which I am being asked to participate has been explained fully to me, verbally and in writing, and any matters on which I have sought information have been answered to my satisfaction.

I understand that:

- All information I provide (including questionnaires and video recordings) will be treated with the strictest confidence and data will be stored separately from any listing that includes my name and address.
- Video recordings and/or photographs will be taken of me performing the exercises, as a this is required for the accurate measurement and analysis of body angles/movements.
- Aggregated results will be used for research purposes and may be reported in scientific and academic journals.
- I am free to withdraw my consent at any time during the study, in which event my participation in the research study will immediately cease.
- I understand that if I withdraw, information/data collected up until my withdrawal will still be de-identified and used in the study's aggregate results.

I consent to my de-identified data being anonymously entered into an online databank, for possible re-use in future research that is an extension of this study or closely related to this study.

SIGNATURE: _____

DATE: _____