

Registration of External HREC Approval

To Chief Investigator or Project Supervisor:	Professor Luke Wolfenden
Cc Co-investigators / Research Students:	Mrs Nicole Pond Miss Jacklyn Jackson Doctor Alice Grady Doctor Serene Yoong Doctor Rebecca Wyse Doctor Tara Clinton-McHarg Ms Rachel Sutherland Miss Kirsty Seward Professor John Wiggers Dr Nicole Nathan Ms Taya Wedesweiler Mrs Renee Reynolds Ms Kirsty Hope Doctor Lorraine Paras Mr Michael Stepanovski Ms Melanie Lum Ms Ashleigh Dives Ms Maria Romiti Professor Stewart Trost Mrs Lisa Janssen Miss Courtney Barnes Ms Tessa Delaney Mrs Nina Imad Mrs Ana Renda Fiona Stacey Ms Katie Robertson Mrs Aimee Mitchell
Re Protocol:	HNE kids healthy eating and physical activity program: School and childcare surveys
Date:	23-May-2022
Reference No:	H-2008-0343
External HREC Reference No:	06/07/26/4.04 2019/ETH12353

Thank you for your **Variation to Reg of External HREC Approval** submission to the Research Integrity Unit (RIU) seeking to register an External HREC Approval in relation to the above protocol.

Amendments to "Get Outside, Get Active" (GOGA)

Reduce intervention delivery and follow up timeframe
Align the follow-up data collection with the shortened intervention delivery timeframe

Pilot test an intervention with 20 NSW services to increase sustainability of free-play policies

Addition of the following documents:
Nominated Supervisor Information Statement
Nominated Supervisor Consent Form
Nominated Supervisor 6 month f/up survey
Recruitment and eligibility check

The following documentation is included in this approval:

Attachment - Nominated Supervisor Information Statement (Version 1 dated 29 April 2022)
Attachment 5 - Nominated Supervisor Consent Form (Version 1 dated 29 April 2022)
Attachment 6 - Nominated Supervisor Invitation (Version 1 dated 29 April 2022)
Attachment 2 - Educator Survey Follow-up (Version 2 dated 20 April 2022)
Attachment 1 - Nominated Supervisor Survey Follow-up (Version 3 dated 20 April 2022)
Attachment 7 - Nominated Supervisor 6 month f/up survey (Version 1 dated 29 April 2022)
Attachment 4 - Recruitment and eligibility check (Version 1 dated 29 April 2022)
Attachment 8 - Free Play Record (Version 2 dated 29 April 2022)

Your submission was considered under an **Administrative Review** by the Ethics Administrator.

I am pleased to advise that the decision on your submission is **External HREC Approval Noted effective 23-May-2022**.

As the approval of an External HREC has been noted, this registration is valid for the approval period determined by that HREC.

Your reference number is **H-2008-0343**.

PLEASE NOTE:

As the RIU has "noted" the approval of an External HREC, progress reports and reports of adverse events are to be submitted to the External HREC only. In the case of Variations to the approved protocol, or a Renewal of approval, you will apply to the External HREC for approval in the first instance and then Register that approval with the University's RIU, via RIMS.

Linkage of ethics approval to a new Grant

Registered External HREC approvals cannot be assigned to a new grant or award (ie those that were not identified in the initial registration submission) without confirmation from the RIU.

Best wishes for a successful project.

For communications and enquiries:

Human Research Ethics Administration

Research & Innovation Services

Research Integrity Unit
The University of Newcastle
Callaghan NSW 2308
T +61 2 492 17894
Human-Ethics@newcastle.edu.au

RIMS website - <https://RIMS.newcastle.edu.au/login.asp>

Linked University of Newcastle administered funding:

Funding body	Funding project title	First named investigator	Grant Ref
ARC (Australian Research Council)/Linkage Projects(**)	Moving from policy to practice: A randomised trial of an implementation intervention to facilitate the adoption of a statewide healthy canteen policy	Wolfenden, Luke	G1201168
Hunter New England Population Health/Linkage Projects Partner Funding(**)	Moving from policy to practice: A randomised trial of an implementation intervention to facilitate the adoption of a statewide healthy canteen policy	Wolfenden, Luke	G1300710
Hunter New England Population Health/Scholarship(**)	A randomized trial of an implementation intervention to facilitate the adoption of a state-wide healthy canteen policy	Wolfenden, Luke	G1400725
Hunter New England Local Health District/Project Grant(**)	A randomised trial of an implantation intervention to facilitate the adoption of a state-wide health canteen policy	Wyse, Rebecca	G1400906
Hunter New England Population Health	Salary support Top Up - Sze Yoong: A randomised controlled trial of an intervention to improve implementation of nutrition guidelines in childcare services	Yoong, Serene	G1500778
NHMRC (National Health & Medical Research Council)/Translating Research into Practice (TRIP) Fellowships(**)	Use of an online canteen ordering system to implement healthy canteen policies in NSW primary schools	Wyse, Rebecca	G1500620
NHMRC (National Health & Medical Research Council)/Translating Research into Practice (TRIP) Fellowships(**)	Increasing the implementation of a mandatory primary school physical activity policy	Nathan, Nicole	G1600651
National Heart Foundation of Australia/Future Leader Fellowship(**)	Improving the translation of community cardiovascular disease prevention research	Wolfenden, Luke	G1600587
ARC (Australian Research Council)/Discovery Early Career Researcher Award (DECRA)(**)	Theory-based implementation of nutrition guidelines into childcare settings	Yoong, Serene	G1600359
Hunter New England Local Health District/Scholarship(**)	An online consumer intervention in primary school canteens	Wolfenden, Luke	G1500605
Hunter New England Population Health/Scholarship(**)	Scheduling frequent opportunities for outdoor play - a simple approach to increasing physical activity in childcare	Yoong, Serene	G1600481
Hunter New England Local Health District/Scholarship(**)	Healthy eating intervention for disadvantaged schools	Wolfenden, Luke	G1500701
Teachers Mutual Bank/Research Project(**)	Teachers Health Program in Schools	Wolfenden, Luke	G1600904
NHMRC (National Health & Medical Research Council)/Career Development Fellowships(**)	Addressing foundational impediments to the translation of chronic disease prevention interventions in community settings	Wolfenden, Luke	G1600414
Health Administration Corporation/Research Grant(**)	Research to gather baseline data regarding operations and provision of healthy food and drinks of licensed school canteens	Wolfenden, Luke	G1600903
NHMRC (National Health & Medical Research Council)/Partnership Projects(**)	A randomised trial of an intervention to facilitate the implementation of a state-wide school physical activity policy	Wolfenden, Luke	G1600792
Hunter Medical Research Institute/HMRI Research Excellence Award(**)	Directors Award for Mid-Career Researcher	Wolfenden, Luke	G2000337
Hunter Medical Research Institute/Project Grant(**)	Pilot cluster randomised controlled trial assessing the potential impact of an online intervention to improve child dietary intake in childcare	Grady, Alice	G1801365

Funding body	Funding project title	First named investigator	Grant Ref
Department of Health/MRFF Rapid Applied Research Translation Grant(**)	Physical Activity	Nathan, Nicole	GS190039
Department of Health/MRFF Rapid Applied Research Translation Grant(**)	Child Obesity	Wolfenden, Luke	GS190040
NHMRC (National Health & Medical Research Council)/MRFF - Investigator(**)	A big problem needs a big solution: Advancing the science of scaling up chronic disease prevention interventions	Sutherland, Rachel	G2000052
Hunter New England Local Health District/Research Funds(**)	Optimizing public health interventions in schools	Wolfenden, Luke	G1900823
NHMRC (National Health & Medical Research Council)/MRFF - Investigator(**)	Sustaining the implementation of evidence-based chronic disease prevention programs in education	Nathan, Nicole	G2000053
NHMRC (National Health & Medical Research Council)/Partnership Projects(**)	A randomised trial of an intervention to sustain schools' implementation of a state-wide physical activity policy	Nathan, Nicole	G1900842
Hunter New England Population Health/Partnership Projects Partner Funding(**)	A randomised trial of an intervention to sustain schools' implementation of a state-wide physical activity policy	Nathan, Nicole	G2000223
Hunter Medical Research Institute/Project Grant(**)	A randomised controlled trial to assess the impact of a uniform intervention on girl's physical activity at school	Nathan, Nicole	G1701511
Hunter New England Population Health/Research Project(**)	SWAP-IT Community Research Trial and Dissemination	Wolfenden, Luke	G1800866
National Heart Foundation of Australia/Postdoctoral Fellowship(**)	Improving the health of pre-schoolers: simple childcare-based interventions delivered at scale	Grady, Alice	G1900520
nib Foundation/Multi-Year Partnerships(**)	A technology based solution to support parents to improve their child's diet 'Swap What's Packed in the lunchbox: 'SWAP-It'	Wolfenden, Luke	G1700907
Teachers Health Foundation/Research Funding(**)	Addressing the health risk behaviours of the education workforce: A program to enhance the wellbeing of primary school teachers	Nathan, Nicole	G1800853
Hunter Medical Research Institute/Research Excellence Award(**)	HMRI Award for Early Career Research	Yoong, Serene	G1801493
Hunter New England Population Health/Research Project(**)	Enhancing Teacher's Health	Nathan, Nicole	G1800924
NHMRC (National Health & Medical Research Council)/Centres of Research Excellence (CRE) - Centres of Population Health Research Excellence(**)	NHMRC Centre for Research Excellence in Implementation for Community Chronic Disease Prevention.	Wolfenden, Luke	G1701553
NHMRC (National Health & Medical Research Council)/Investigator Grant(**)	Transforming approaches to chronic disease prevention in community settings	Wolfenden, Luke	G1901360
Hunter Medical Research Institute/Research Grant(**)	Publication for International Journal of Behavioural Nutrition and Physical Activity (IJBNPA)	Yoong, Serene	G2100242
Swinburne University of Technology/Shared(**)	A randomised trial of a multi-component implementation intervention to support childcare services with scheduling opportunities for outdoor free play consistent with sector guidelines	Wolfenden, Luke	G2001084
Hunter Medical Research Institute/Research Grant(**)	HMRI Early Career Research Award	Nathan, Nicole	G2101359
University of Sydney/Shared(**)	Methods and metrics for moving from best practice prevention to implementation and scale up (ISU)	Wolfenden, Luke	G2000481
Hunter Medical Research Institute/Research Grant(**)	Dr Aubrey Crawley WIMR Fellowship	Sutherland, Rachel	G2100200
National Heart Foundation of Australia/Collaboration and Exchange Awards(**)	Improving the health of pre-schoolers: childcare-based obesity prevention interventions at scale	Grady, Alice	G2100929
The Sax Institute/Shared(**)	Effectiveness, feasibility and impact of identified prevention interventions	Wolfenden, Luke	G2101135

Funding body	Funding project title	First named investigator	Grant Ref
Hunter New England Population Health/Partnership Projects Partner Funding(**)	A randomised trial of a multi-component implementation intervention to support childcare services with scheduling opportunities for outdoor free play consistent with sector guidelines	Wolfenden, Luke	G2100677