

**From:** [no\\_reply@regis.health.nsw.gov.au](mailto:no_reply@regis.health.nsw.gov.au)  
**Subject:** 2019/ETH12353: Notification of an amendment to a research study - General Amendment (93192) - Approved

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Date of Decision Notification: **16 May 2022**  
**Greater than low risk review pathway**

Dear Professor Wolfenden

Thank you for submitting an Amendment for the following study;

**2019/ETH12353: HNE Kids Healthy Eating and Physical Activity Program**

The Amendment has been reviewed by the Executive Officer as delegated by the HREC Chair and has been approved for the following:

- **Amendments to "Get Outside, Get Active" (GOGA)**
  - **Reduce intervention delivery and follow up timeframe**
    - **Align the follow-up data collection with the shortened intervention delivery timeframe**
  - **Pilot test an intervention with 20 NSW services to increase sustainability of free-play policies**
  - **Addition of the following documents:**
    - **Nominated Supervisor Information Statement**
    - **Nominated Supervisor Consent Form**
    - **Nominated Supervisor 6 month f/up survey**
    - **Recruitment and eligibility check**

The following documentation is included in this approval:

- **Attachment - Nominated Supervisor Information Statement** (Version 1 dated 29 April 2022)
- **Attachment 5 - Nominated Supervisor Consent Form** (Version 1 dated 29 April 2022)
- **Attachment 6 - Nominated Supervisor Invitation** (Version 1 dated 29 April 2022)
- **Attachment 2 - Educator Survey Follow-up** (Version 2 dated 20 April 2022)
- **Attachment 1 - Nominated Supervisor Survey Follow-up** (Version 3 dated 20 April 2022)
- **Attachment 7 - Nominated Supervisor 6 month f/up survey** (Version 1 dated 29 April 2022)
- **Attachment 4 - Recruitment and eligibility check** (Version 1 dated 29 April 2022)
- **Attachment 8 - Free Play Record** (Version 2 dated 29 April 2022)

It is noted that the Hunter New England Human Research Ethics Committee is constituted in accordance with the National Statement on Human Conduct in Research, 2007 (NHMRC). This decision will be ratified at the next meeting of the Committee to be held on **15 June 2022**.

***For NSW authorised sites (listed in REGIS): A Site General Amendment form will need to be submitted to each affected site. You are not required to upload this form or the***

***ethics approved documents into the site form but you will need to identify this approved amendment form ID 093192.***

**This email constitutes ethical and scientific approval only.**

Approval has been granted for this study to take place at the following site/s:

- **Central Coast Local Health District**
- **Hunter New England Population Health**
- **Mid North Coast Local Health District**

Please Note: This is your approval, you will no longer receive a formal letter.

Please contact us if you would like to discuss any aspects of this process further, at [HNELHD-Researchoffice@health.nsw.gov.au](mailto:HNELHD-Researchoffice@health.nsw.gov.au).

Kind regards

***Debbie Madden***

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*Research Office*

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