

Human Ethics Application Approval

17/10/2023

ATTENTION: DR Jeanette Tamplin

7420 - Melbourne Conservatorium of Music
7620 - Fine Arts and Music
The University of Melbourne

Reference Number: 2023-24219-46170-6

Project Title: Empowering Sustainable Therapeutic Engagement with Music (ESTEEM): A Pilot Study of a Self-administered Music Therapy Program for Cardiac Rehabilitation Participants in Thailand

Dear DR Jeanette Tamplin,

Thank you for your response to queries raised by the HASS 2 ethics committee.

Your application for amendment to your project has been approved on the basis that it meets the requirements of the [National Statement on Ethical Conduct in Human Research \(2007, Updated 2018\)](#).

Any original conditions attached to your project remain applicable. It is your responsibility to ensure that all people associated with the project are made aware of what has been approved, and that other relevant approvals are obtained before work on this project begins.

Please contact us via the Correspondence tab if you have any questions or if you require further assistance.

Kind regards,

MS Yasi Saninejad

Research Ethics Officer

Human Ethics Team

Office of Research Ethics and Integrity | Research, Innovation & Commercialisation
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The University of Melbourne, Victoria 3010, Australia
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Summary Details for the Approved Human Ethics Project:

Project Title: Empowering Sustainable Therapeutic Engagement with Music (ESTEEM): A Pilot Study of a Self-administered Music Therapy Program for Cardiac Rehabilitation Participants in Thailand
Reference Number: 2023-24219-46170-6
Approval Date: 30/08/2022
Expiry Date: 30/08/2025
Responsible Human Ethics Committee: HASS 2
Project Supervisor: DR Jeanette Tamplin
Other Investigators: DR Imogen Clark, Napak Pakdeesatitwara
External Investigators: Dr Jirapa Champaiboon

Documents Table:

Document Type	File Name	Date	Version
Participant distress protocol	ESTEEM_Distress Protocol_21072022	21/07/1479	2

Document Type	File Name	Date	Version
Measure(s) and/or scale(s)	DASS-21 ENG-TH	21/07/1479	original
Other	ESTEEM_Risk Management_21072022	21/07/1479	2
Consent form	ESTEEM_Consent form+TH_21072022	21/07/1479	2 (paper)
Other	ESTEEM_Interview questions+TH_21072022_UNIMELB APPROVED	21/07/1479	approved
External HREC approvals	COA No.0610-2023 IRB No.0148-66	02/05/1480	ORIGINAL
Recruitment materials	ESTEEM_Master Recruitment Info+TH_amend1_28082023	28/08/1480	amend1
Other	ESTEEM_DMP_28082023	28/08/1480	amend1
Other	ESTEEM_Further DMP_28082023	28/08/1480	amend1
Other	ESTEEM_phone check-in prompts_28082023	28/08/1480	1
Plain Language Statement (PLS)	ESTEEM_PLS+TH_amend1_14102023	14/10/2023	1
Recruitment materials	ESTEEM_Master Recruitment Info+TH_amend1_14102023	14/10/2023	1
Other	Response to HASS 2_14102023	14/10/2023	1

Conditions of Approval:

Research projects are usually approved for 1 year (to the anniversary date of the approval). Projects may be renewed yearly upon receipt of a satisfactory annual report, for up to a total of three years. If a project is to continue beyond three years, an extension of one year is available, up to a total of 5 years (3+1+1). If a project extends beyond five years, a new application must be submitted. Please contact our office if you require assistance with this.

Please note that the following conditions apply to your approval. Failure to abide by these conditions may result in suspension or discontinuation of approval and/or disciplinary action.

- Limit of approval:** Approval is limited strictly to the research as submitted in your Project application.
- Variation to project:** Any subsequent variations to the Project must be notified formally to the Committee as an Amendment. These must be approved before they are implemented. If the Committee considers that the proposed changes are significant, you may be required to submit a new application.
- Incidents or adverse events:** Researchers must immediately submit to the Committee an incident report for any incident that could affect the ethical acceptability of the project, including adverse effects on participants or unforeseen events. Failure to do so may result in suspension or cancellation of approval.
- Annual reports and monitoring:** All projects are subject to monitoring at least annually. An annual report must be submitted each year on the anniversary of project approval (progress report), and at the conclusion of the project (final report). If an annual report is not submitted, the conditions of approval for that year will not have been met.
FOR PROGRAM APPLICATIONS: Please ensure that you attach all Student Proposal Forms (to be completed before each student begins their research) to your annual report submission.
- Auditing:** All projects are subject to auditing at any time by the University.