

PROJECT TITLE:	What volume of exercise is required to reduce symptoms of depression anxiety and stress in tertiary students?
RESEARCHERS:	Dr Jacqueline Pengelly Mr Riley Marsh
PROJECT NUMBER:	2022/202

Code number allocated to the participant:	
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Consent – Please complete the following information:

I _____ (Name) of
 _____ (Address) and
 _____ (Phone) hereby consent to participate as a subject in the above research study.

The research program in which I am being asked to participate has been explained fully to me, verbally and in writing, and any matters on which I have sought information have been answered to my satisfaction.

I understand that: all information I provide (including questionnaires) will be treated with the strictest confidence and data will be stored separately from any listing that includes my name and address.

- Aggregated results will be used for research purposes and may be reported in scientific and academic journals.
- I am free to withdraw my consent at any time during the study in which event my participation in the research study will immediately cease and information/data obtained from it will not be used.
- I understand the exception to this is if I withdraw after information has been aggregated - it is unable to be individually identified - so from this point it is not possible to withdraw my information/data, although I may still withdraw my consent to participate.

Be aware that by participating in this research project your de-identified data may be used in future research when signing this consent form. Your data would only be considered for inclusion in future research that is an extension of this study or closely related to this study. At completion of the research study, all data will be analysed as a group, rather than individually to ensure anonymity. The results of the study will be presented as part of a Master of Clinical Exercise Physiology thesis and may also be presented at scientific conferences and published in scientific journals. Your personal details will not be presented.

I consent to my de-identified data being anonymously entered into an online databank, for possible re-use in future similar research that is an extension of this study or closely related to this study.

SIGNATURE: _____

DATE: _____