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## Is Liposomal Creatine Better Absorbed than Normal Creatine?

Packaging creatine into a liposomes might improve absorption into the body

## Adults 18-45 y are invited to participate in a research study to answer this question

The study involves blood and urine sampling. Participants must make 7 visits over approximately 2 months and be compensated \$760

To learn more and register: <u>http://\*\*to come</u> url link for info and reg



