



**Southern Cross University**  
**Human Research Ethics Committee (SCU HREC)**

**Notification**  
**Expedited Application Approval**

**To:** Baltrosky Kathryn; Bradbury Joanne; Doran Frances; Grace Sandra  
**From:** Professor Colleen Cartwright  
Chair, Human Research Ethics Committee (HREC)  
**Project name:** The Effectiveness of Aware Parenting; A Randomised Controlled Dismantling Study  
**Approval Date:** 07/02/2023  
**Approval Number:** 2023/009  
**Expiry Date:** 06/02/2026

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Dear Investigator/s,

Thank you for the Expedited Ethics Application. Your application was considered by the Chair of the Human Research Ethics Committee (HREC), Professor Colleen Cartwright, and found to be of merit, low risk and meeting the National Statement principles.

I am pleased to advise you that ethics approval has been granted for this research project. Please note the ethics approval number above.

Your responsibilities under this approval are as follows:

The Chief Investigator will

1. report to the SCU HREC annually in the specified format and notify HREC when the project is completed;
2. immediately notify the SCU HREC, on the appropriate form, of any change in protocol;
3. notify the SCU HREC if the project is discontinued at a participating site before the expected completion date, with reasons provided;
4. notify the SCU HREC of any plan to extend the duration of the project past the approval period listed above and will submit any associated required documentation;
5. immediately report anything that might warrant review of ethical approval of the project on the Adverse Events form.

Researchers conducting a study in a country other than Australia, need to be aware of any protocols for that country and ensure that they are followed ethically and with appropriate cultural sensitivity.

Should you have any queries about the SCU HREC's consideration of your project please contact [ethics.lismore@scu.edu.au](mailto:ethics.lismore@scu.edu.au) . The SCU HREC Terms of Reference, membership and standard forms are available from <https://www.scu.edu.au/research/forms-and-downloads-document-downloads/>.

SCU HREC wishes you every success in your research.

Kind Regards,



for  
Professor Colleen Cartwright  
Chair, Human Research Ethics Committee