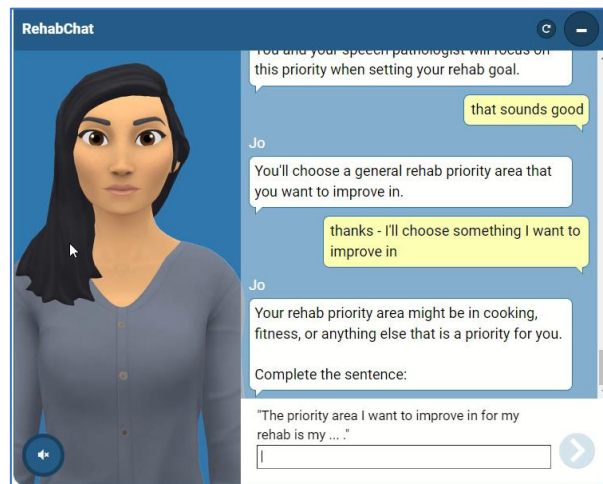


Using RehabChat alongside rehabilitation care: Overview



➤ First stage

✓ Feedback Session

- Session takes approx. 60 minutes (or 2x30 minutes)
- Participants learn to use RehabChat. Training is done in-person, or by using a training video
- Each participant has a mock rehabilitation-use session using RehabChat with the researcher
- Each participant has a short interview to provide feedback on their thoughts about using RehabChat

➤ Second stage (optional)

✓ Screening for eligibility

- **Clinician screens clients on their caseload (approx. 5-10 min/week)**
- **Clinician invites eligible client to consider using RehabChat (approx. 5-10 min/week)**
- Researcher then follows up any client who is interested in participating in this project

✓ Weekly appointments – client uses RehabChat

- Client enters responses into RehabChat, and clinician provides support for this
- **1st appointment (approx. 15 min using RehabChat):** set main goal; set a goal for coming week; choose practice activities; complete activities to ensure confident doing them
- **Progress review appointments each week (approx. 10 min using RehabChat):** review progress towards achieving goal for previous week; set a new goal for coming week; update practice activities; complete activities to ensure confident doing them
- **Last review appointment at end of 6/52 (approx. 10-15min using RehabChat):** review progress towards achieving your main rehab goal. Finish using RehabChat.

✓ Client uses RehabChat between appointments

- Client uses RehabChat to complete practice activities between appointments
- RehabChat does not replace usual care.

Any questions? Contact Judith Hocking: 0466 187 793; Judith.hocking@flinders.edu.au