



EXPLANATORY STATEMENT

Dementia Training general practitioner and practice nurse group

Project ID: 38423

Project title: The right to rehabilitation for people with dementia

CI name: A/Prof Michele Callisaya

The National Centre for Healthy Ageing, Monash University
email: michele.callisaya@monash.edu

Research Fellow: Dr Angel Lee

The National Centre for Healthy Ageing, Monash University
email: angel.lee@monash.edu

You are invited to take part in this study. Please read this Explanatory Statement in full before deciding whether or not to participate in this research.

What does the research involve?

The aims of the study are to evaluate the Dementia Training Australia course on your knowledge and confidence about dementia.

- You will be asked to complete two surveys of approximately 10 minutes, one before and one after the education session
- You will have the option of completing an additional self-paced education activity after the training to reflect on putting your new skills into practice [approximately 2 hours], and attend an on-line 60 minute focus group and survey four months after the training to discuss what helped you and what stopped you from implementing the skills you learnt.

Why were you invited for this research?

You are invited to participate in this study because you are a general practitioner or practice nurse working in the Eastern or South Eastern Melbourne Primary Health Network areas.

Source of funding: This research is funded by the Commonwealth Government's Medical Research Future Fund.

Consenting to participate in the project and withdrawing from the research

Participation in this study is voluntary. Signing the consent form indicates that you have given informed consent to participate in the study and the associated evaluations, and permit the use of data collected for evaluating study.

You may withdraw from participation at any time by notifying the Chief Investigator or the Research Fellow. There will be no follow-up by the research team from your withdrawal. There will no implications of withdrawal.

Possible benefits and risks to participants

You may benefit from having access to dementia-specific training. We do not foresee any risks to taking part. However, the resources or training provided may not be sufficient to suit your needs. In this case, we will direct you to your professional body or Dementia Australia for further assistance.

Services on offer if adversely affected

If you become distressed as a result of your participation, the research team will be able to direct you for



counselling services or other appropriate support.

Payment

There are no costs associated with participating in the dementia training. You will receive an e-gift card of \$300 after you have completed the surveys during the education day and a further gift card of \$150 for the focus group.

Confidentiality

You will be asked to enter your name on the survey so that we can link responses. After we have linked the responses, we will de-identify all participants before we analyse the data.

If you participate in the focus group, we cannot guarantee your confidentiality from others participating. The focus group will be recorded, but all names will be removed when transcribing the recording. Any journal publications or conference papers will only contain results from responses that are grouped or individual response de-identified.

Storage of data

Access to the survey data and transcripts will be restricted to the Chief investigator and research staff who have a log-on and a secure password to the data files. The on-line data files will be archived and stored in Monash University password protected system for a period of 7 years. After this time, the data will be destroyed. The storage and the destruction of data will adhere to Monash University regulations.

All access to the data during the study will be restricted to the research team and upon approval by the Chief investigator. Access to data after the project is completed will be restricted to the research team and with a relevant ethics approval.

Use of data for other purposes

Data from the study may be used in future projects if you consent to this, where ethics approval has been granted.

Results

This will be made available by research publications and conference presentations for the scientific or clinical community. A brief summary report will be provided to the key stakeholders on the National Centre for Healthy Ageing (NCHA) website of Monash University. A plain language summary (de-identified) will be provided on the NCHA website and forwarded to any participants requesting a copy.

Complaints

Should you have any concerns or complaints about the conduct of the project, you are welcome to contact the Executive Officer, Monash University Human Research Ethics Committee (MUHREC):

The executive Officer

Monash University Human Research Ethics Committee (MUHREC)

Room 111, Chancellery Building D,

26 Sports Walk, Clayton Campus

Research Office

Monash University VIC 3800

Tel: +61 3 9905 2052

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Thank you.

A/Prof Michele Callisaya

Chief Investigator



EXPLANATORY STATEMENT

Health professional e-module - second intake group

Project ID: 38423

Project title: The right to rehabilitation for people with dementia: Implementation and evaluation of the “INCLUDE” interventions

CI name: A/Prof Michele Callisaya

National Centre for Healthy Ageing, Monash University
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Research Fellow: Dr Angel Lee

National Centre for Healthy Ageing, Monash University
email: angel.lee@monash.edu

You are invited to take part in this study. Please read this Explanatory Statement in full before deciding whether or not to participate in this research. If you would like further information regarding any aspect of this project, you can contact the researchers via email addresses listed above.

What does the research involve?

The aims of the study are to evaluate the effects of an e-module training on attitudes and knowledge about dementia rehabilitation. It also aims to evaluate acceptability and satisfaction with the interventions.

Health professionals (e.g. doctors, nurses, allied health professionals and others working with people with dementia such as dementia support specialists, aged care assessors and co-ordinators) who practice in the Eastern Melbourne or South Eastern Melbourne primary health network areas will be asked to participate.

The e-module will commence around May 2024. It will consist of a self-paced online learning module of approximately two hours in duration. You will be also be asked to complete two online surveys. After you complete the first survey (before the e-module), you will be enrolled in the dementia rehabilitation e-module. You will complete the second survey inside the e-module. The first survey will take approximately 20 minutes to complete. The second survey will take approximately 15 minutes to complete.

Why were you invited for this research?

You are invited to participate in this study because you are a health professional working in the Eastern or South Eastern Melbourne Primary Health Network areas.

Source of funding This research is funded by the Commonwealth Government’s Medical Research Future Fund.

Consenting to participate in the project and withdrawing from the research

Participation in this study is voluntary. Signing the consent form indicates you have given informed consent to participate in the interventions, associated evaluations, and permit the use of your data for evaluating the interventions. You may withdraw from the study at any time by notifying the Research Fellow as soon as possible. There will be no follow-up by the research team or the nominating organisation (if this applies to you) from your withdrawal. There will no implications of withdrawal. The information that was collected from you in the surveys up to the time you withdraw from the study will be used to evaluate the interventions and cannot be withdrawn.

Possible benefits and risks to participants

You may benefit from having access to dementia-specific rehabilitation resources and training.



We do not foresee any risks to you in taking part in the study. However, the resources or training provided may not be sufficient to suit the needs of a particular health professional. In this case, we will direct you to your professional body or Dementia Australia for further assistance.

Services on offer if adversely affected: If you become distressed as a result of your participation in the study, the research team will be able to direct you for counselling services or other appropriate support. Alternatively, you may consult your GP for counselling services or other appropriate support.

Payment: The education will be provided free of charge. You will not be paid for your participation.

Confidentiality

You will be asked to enter your same name and the email address for both surveys. After we have linked the responses, we will de-identify all participants before we analyse the data. However, we cannot guarantee confidentiality if you participate in the discussion board of the e-module. Any journal publications or conference papers will only contain results from responses that are grouped or individual responses will be de-identified.

Storage of data

Access to the survey datasets will be restricted to the Chief investigator and research staff who have a log-on and a secure password to the data files. The on-line data files will be archived and stored in Monash University password protected system for a period of 7 years. After this time, the data will be destroyed. The storage and the destruction of data will adhere to Monash University regulations.

All access to the data during the study will be restricted to the research team and upon approval by the Chief investigator. Access to data after the project is completed will be restricted to the research team and with a relevant ethics approval.

Use of data for other purposes: Data from the study may be used in future projects if you consent to this, where ethics approval has been granted.

Results

This will be made available by research publications and conference presentations for the scientific or clinical community. A brief summary report will be provided to the key stakeholders on the National Centre for Healthy Ageing (NCHA) website of Monash University. A plain language summary (de-identified) will be provided on the NCHA website and forwarded to any participants requesting a copy.

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Thank you.

A/Prof Michele Callisaya (Chief Investigator)



EXPLANATORY STATEMENT

Health professional e-module and community of practice group

Project ID: 38423

Project title: The right to rehabilitation for people with dementia: Implementation and evaluation of the “INCLUDE” interventions

Chief Investigator’s name: A/Prof Michele Callisaya
National Centre for Healthy Ageing, Monash University
email: michele.callisaya@monash.edu

Research Fellow: Dr Angel Lee
National Centre for Healthy Ageing, Monash University
email: angel.lee@monash.edu

You are invited to take part in this study. Please read this Explanatory Statement in full before deciding whether or not to participate in this research. If you would like further information regarding any aspect of this project, you are encouraged to contact the researchers via the phone numbers or email addresses listed above.

What does the research involve?

The aims of the study are to evaluate the effects of a 12-month package of interventions (e-module and a community of practice) on attitudes and knowledge about dementia rehabilitation. It also aims to evaluate acceptability and satisfaction with the interventions.

Health professionals (e.g. doctors, nurses, allied health professionals and others working with people with dementia such as dementia support specialists, aged care assessors and co-ordinators) who practice in the Eastern Melbourne or South Eastern Melbourne primary health network areas will be asked to participate.

The study will run for a 12 month-period (commencing around November 2023). It will consist of: 1) an e-module educational package (an online learning module of approximately 2-3 hours in duration); 2) dementia rehabilitation resources; 3) a community of practice involving various activities (e.g. webinars) ranging from 30 minutes to one hour, held at different time over 12 months. The total time involved (if all activities are undertaken) would be approximately 15 hours over the 12-month period.

You will be also be asked to complete three online surveys. After you complete the first survey (around November 2023), you will be enrolled in the dementia rehabilitation e-module. You will complete the second survey inside the e-module, and the third survey in 12 months’ time (around November 2024). The first and third surveys will take approximately 20-25 minutes to complete. The second survey will take approximately 15 minutes to complete.

Why were you invited for this research?

You are invited to participate in this study because you are health professional working in the Eastern or South Eastern Melbourne Primary Health Network areas.

Source of funding This research is funded by the Commonwealth Government’s Medical Research Future Fund.

Consenting to participate in the project and withdrawing from the research

Participation in this study is voluntary. Signing the consent form indicates you have given informed consent to participate in the interventions, associated evaluations, and permit the use of your data for evaluating the interventions.

You may withdraw from the study at any time by notifying the Research Fellow as soon as possible. There will be no follow-up by the research team or the nominating organisation (if this applies to you) from your withdrawal. There



will no implications of withdrawal. The information that was collected from you in the surveys up to the time you withdraw from the study will be used to evaluate the interventions and cannot be withdrawn.

Possible benefits and risks to participants

You may benefit from having access to dementia-specific rehabilitation resources, training, and formed community of practice that would enhance care to patients with dementia. We do not foresee any risks to you in taking part in the study. However, the resources or training provided may not be sufficient to suit the needs of a particular health professional. In this case, we will direct you to your professional body or Dementia Australia for further assistance.

Services on offer if adversely affected

If you become distressed as a result of your participation in the study, the research team will be able to direct you for counselling services or other appropriate support. Alternatively, you may consult your GP for counselling services or other appropriate support.

Payment

All education, resources and activities for the community of practice will be provided free of charge. You will not be paid for your participation.

Confidentiality

You will be asked to enter the same email address that you used to receive the first survey to receive the third survey, which will be sent to you by an automatic email in 12-month time.

You will also be asked to agree to the use of your name in the first and third survey which will be seen by others participating in the study. This is so we can evaluate your current work connections to others participating in the study, and the role of the community of practice in strengthening these networks in your local area.

After we have linked the responses, we will de-identify all participants before we analyse the data. Any journal publications or conference papers will only contain results from responses that are grouped or individual responses will be de-identified.

We also cannot guarantee your confidentiality in the discussion forums of the e-module or the community of practice webinars.

Storage of data

Access to the survey datasets will be restricted to the Chief investigator and research staff who have a log-on and a secure password to the data files. The on-line data files will be archived and stored in Monash University password protected system for a period of 7 years. After this time, the data will be destroyed. The storage and the destruction of data will adhere to Monash University regulations.

All access to the data during the study will be restricted to the research team and upon approval by the Chief investigator. Access to data after the project is completed will be restricted to the research team and with a relevant ethics approval.

Use of data for other purposes

Data from the study may be used in future projects if you consent to this, where ethics approval has been granted.

Results

This will be made available by research publications and conference presentations for the scientific or clinical community. A brief summary report will be provided to the key stakeholders on the National Centre for Healthy



MONASH University

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Chief Investigator